

# Design

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*Date*



**Design is not just what it looks like,  
design is how it works.**

*—Steve Jobs*



# Visual Design

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- ❖ Visual Design (C.R.A.P. principle)
- ❖ Functional design
- ❖ Visual Thinking
- ❖ Typography and color



**Jakob Nielsen**

**Designing  
Web Usability**



Steve Krug

UPDATED  
with three  
new chapters!

# DON'T MAKE ME

# THINK



A Common Sense Approach to Web Usability

**SECOND EDITION**



Copyrighted Material

THE AWARD-WINNING, BEST-SELLING BOOK ABOUT DESIGN!

THE NON-DESIGNER'S  
**DESIGN**  
BOOK  
FOURTH EDITION

DESIGN AND TYPOGRAPHIC PRINCIPLES  
FOR THE VISUAL NOVICE

ROBIN **WILLIAMS**

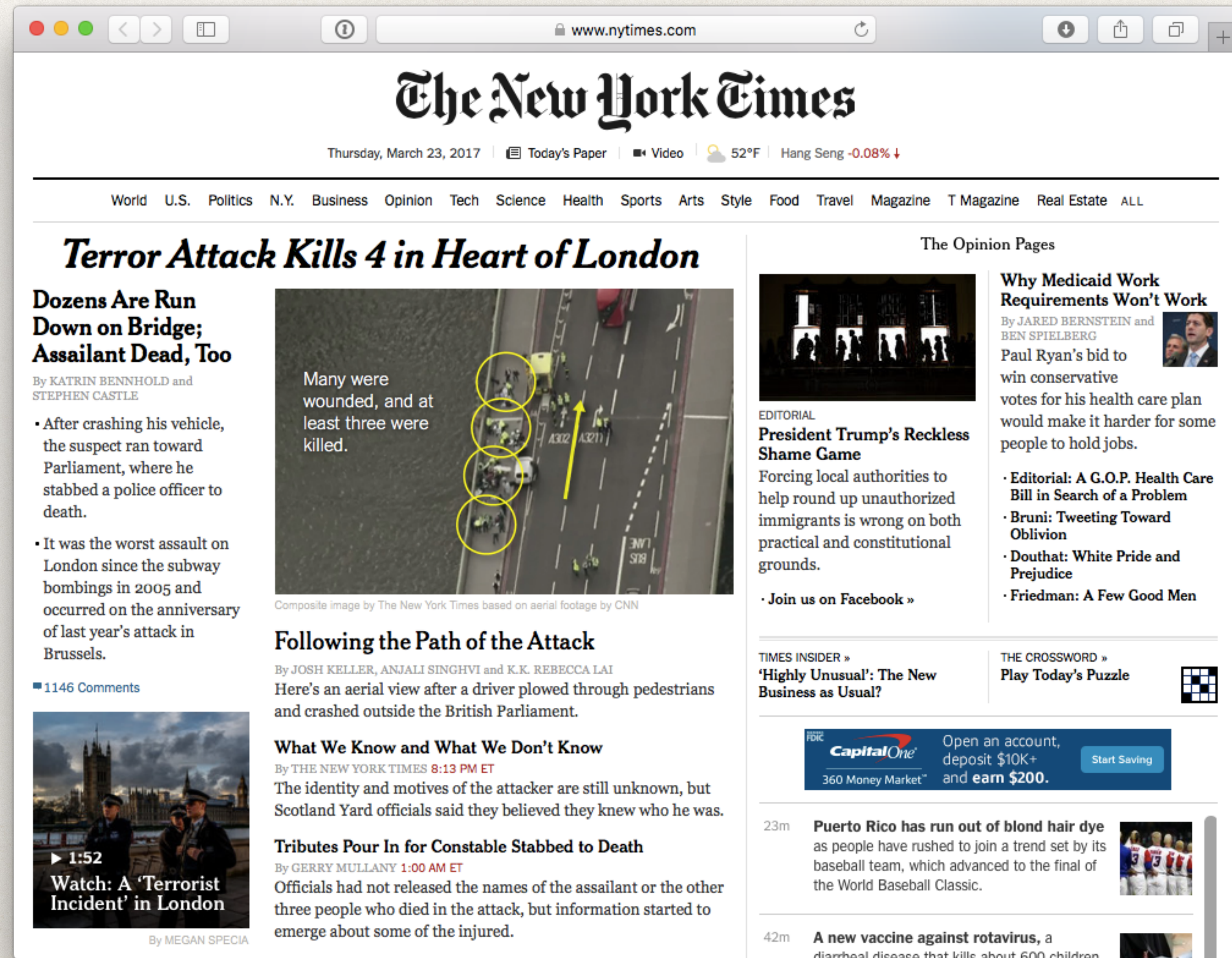
Copyrighted Material





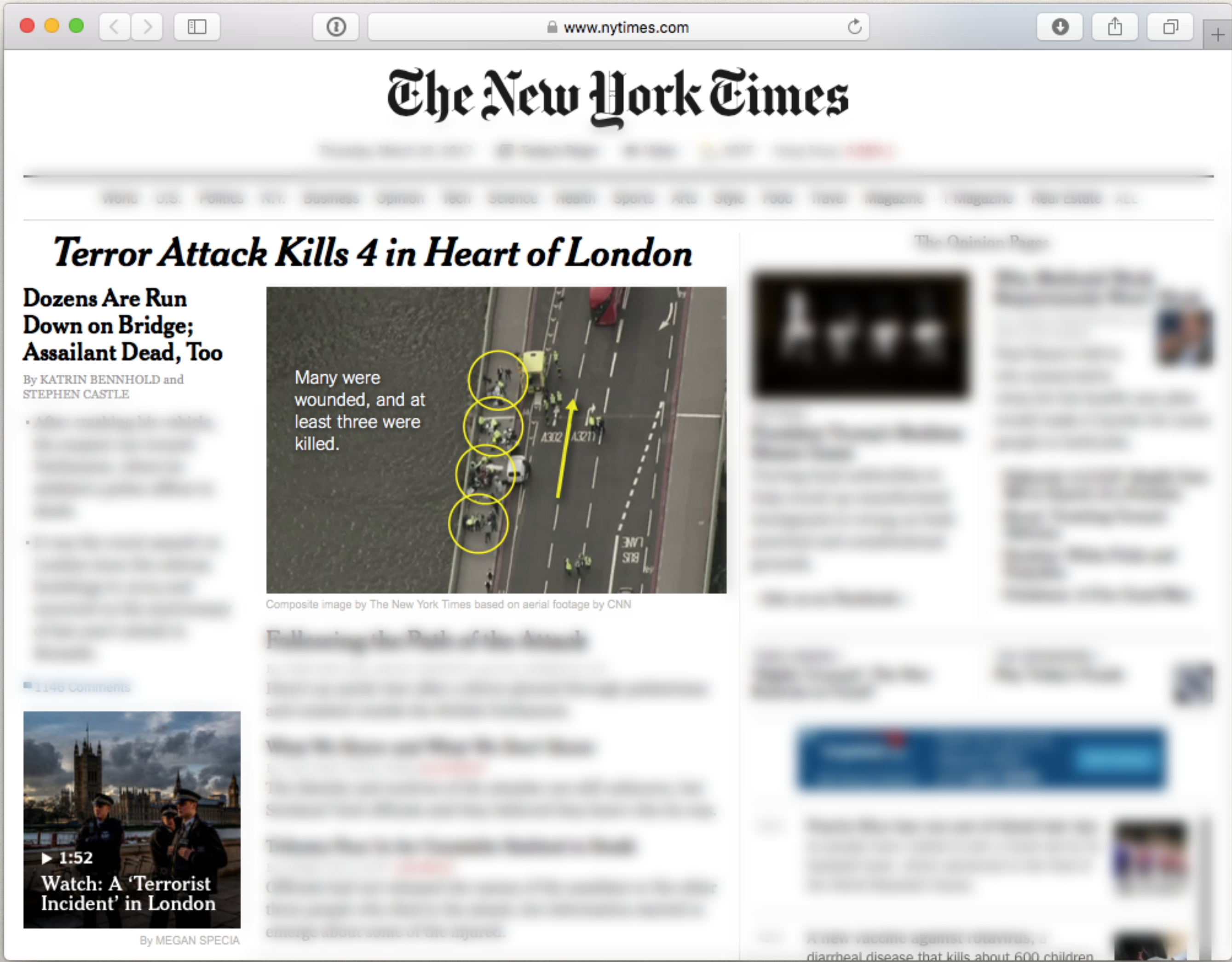


# What designers build...



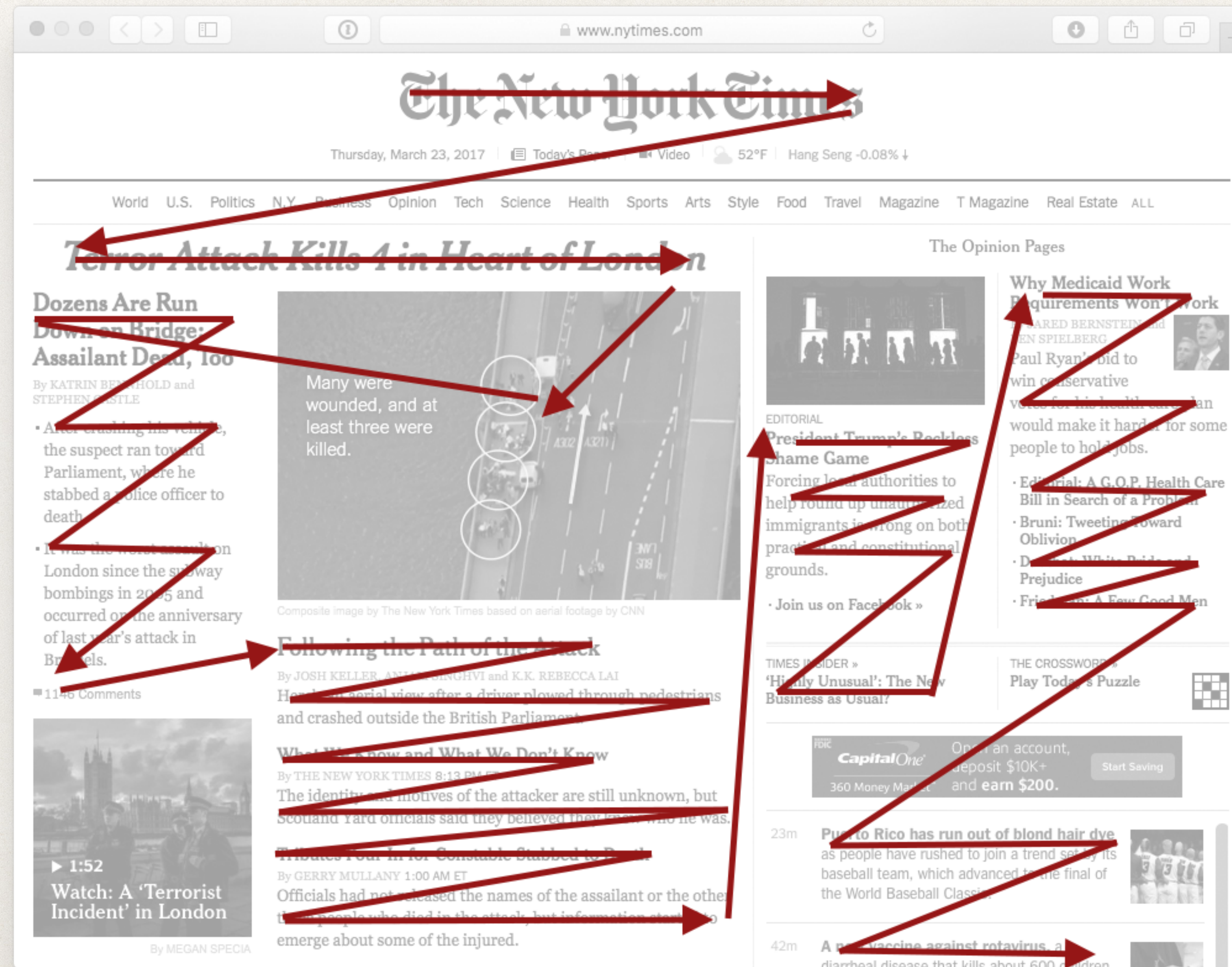


# What people see.





# What we design for...





# The reality:

www.nytimes.com

## The New York Times

Thursday, March 23, 2017 | Today's Paper | Video | 52°F | Hang Seng -0.08% ↓

World U.S. Politics N.Y. Business Opinion Tech Science Health Sports Arts Style Food Travel Magazine T Magazine Real Estate ALL

### Terror Attack Kills 4 in Heart of London

#### Dozens Are Run Down on Bridge; Assailant Dead, Too

By KATRIN BENNHOLD and STEPHEN CASTLE

- After crashing his vehicle, the suspect ran toward Parliament, where he stabbed a police officer to death.
- It was the worst assault on London since the subway bombings in 2005 and occurred on the anniversary of last year's attack in Brussels.

1146 Comments

1:52 Watch: A 'Terrorist Incident' in London

By MEGAN SPECIA

Many were wounded, and at least three were killed.

Following the Path of the Attack

By JOSH KELLER, ANJALI SINGHVI and REBECCA LAI

Here's an aerial view after a driver plowed through pedestrians and crashed outside the British Parliament.

What We Know and What We Don't Know

By THE NEW YORK TIMES 8:13 PM ET

The identity and motives of the attacker are still unknown, but Scotland Yard officials said they believed they knew who he was.

Minutes Pour In for Constable Stabbed to Death

By GERRY MULLANY 1:00 AM ET

Officials had not released the names of the assailant or the other three people who died in the attack, but information started to emerge about some of the injured.

### The Opinion Pages

#### Why Medicaid Work Requirements Won't Work

By JARED BERNSTEIN and BEN SPIELBERG

Paul Ryan's bid to win conservative votes for his health care plan would make it harder for some people to hold jobs.

- Editorial: A G.O.P. Health Care Bill in Search of a Problem
- Bruni: Tweeting Toward Oblivion
- Douthat: White Pride and Prejudice
- Friedman: A Few Good Men

Join us on Facebook »

#### EDITORIAL President Trump's Reckless Shame Game

Forcing local authorities to help round up unauthorized immigrants is wrong on both practical and constitutional grounds.

Join us on Facebook »

TIMES INSIDER » 'Highly Unusual': The New Business as Usual?

THE CROSSWORD » Play Today's Puzzle

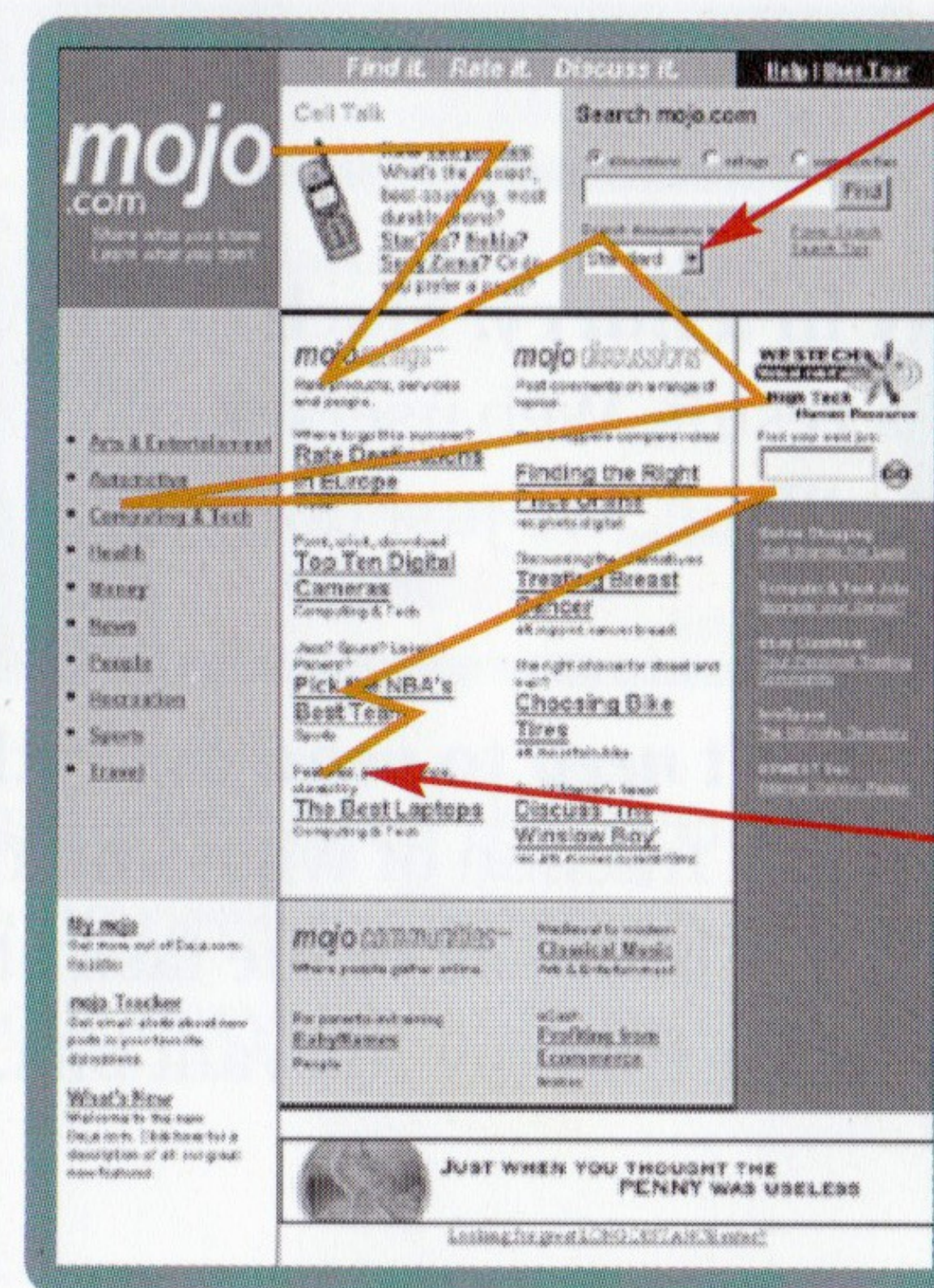
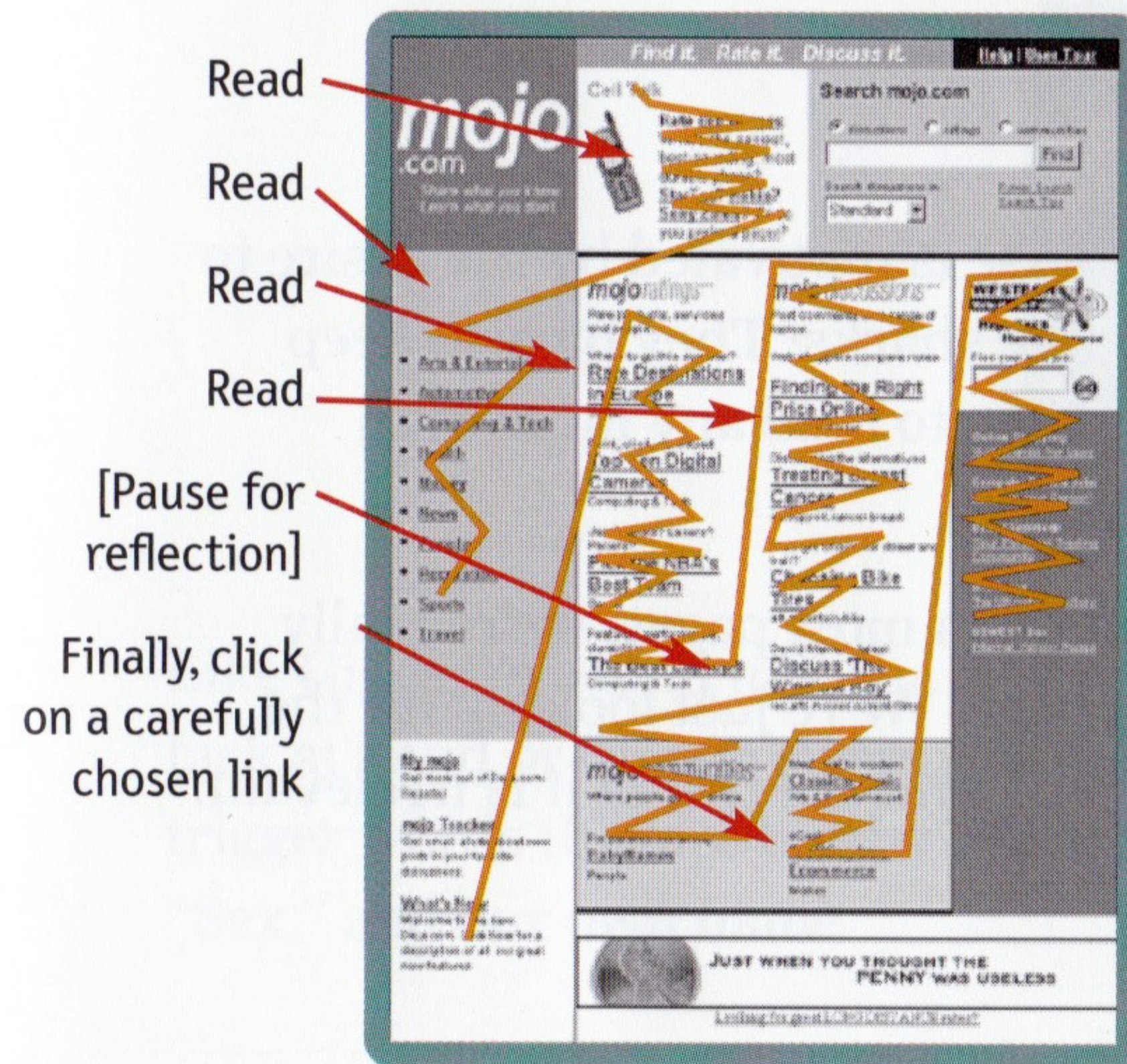
Capital One 360 Money Market™ Open an account, deposit \$10K+ and earn \$200. Start Saving

23m Puerto Rico has run out of blond hair dye as people have rushed to join a trend set by its baseball team, which advanced to the final of the World Baseball Classic.

42m A new vaccine against rotavirus, a diarrheal disease that kills about 600 children



## WHAT WE DESIGN FOR... THE REALITY...





[Continue reading →](#)

## ORGANIC AND GLUTEN-FREE PASSOVER FOODS ON THE RISE

*A new spin on an ancient tradition*

By Rebecca Wolfson

They tried to kill us, we survived, let's eat. If the majority of Jewish holidays had a single tag line, that's what it would be, and Passover is no different.

On Passover Jewish people around the world re-tell the story of the Israelites' exodus from Egypt. When the Jews fled from Pharaoh in order to escape slavery, they didn't have time to wait for their bread to rise so they ate unleavened bread. [Continue reading →](#)

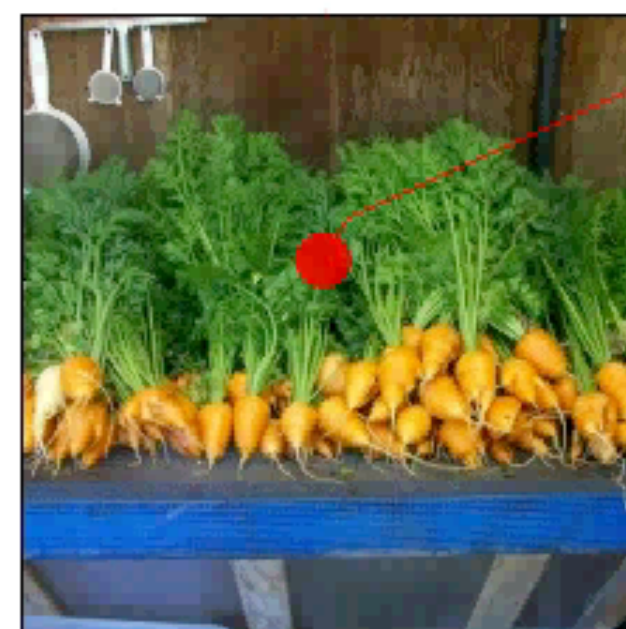


## AWAY AT FOOD CAMP

*Roasted pig, halibut sashimi, ricotta blintzes, foodies around a campfire.*

By Lily Mihalik

The heritage pig carcass arrived first, followed by 30 chefs, foodies, beer connoisseurs, food bloggers, designers, doctors, food stylists and community food organizers from New York to San Francisco. The menu looked a little like this: 48 hours on a ... [Continue reading →](#)



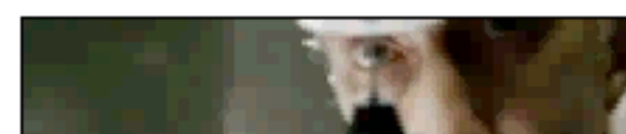
## RESTAURANT GARDENS A BOON TO NEW FARMERS

By Natalie Jones

In this era when consumers want to know how many "food miles" their carrots traveled and restaurant menus list the distance from farm to fork, restaurant owners are increasingly putting in their own farms on rooftops, abandoned lots and nearby agricultural plots.

The trend has caught on with high-end, Michelin-starred restaurants in California such as The French Laundry in Napa and Manresa in Los Gatos as well as more casual places, such as Pauline's Pizzeria in San Francisco and the

Fremont Diner in Sonoma. [Continue reading →](#)



## VIDEO: THE DARK FUTURE OF FOOD ADVERTISING

*DORITOS 626 interactive ad campaign*



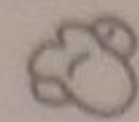
# Why do we scan?

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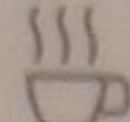
- ❖ **We're in a hurry** — Web use is often motivated by the desire to accomplish a task. Web users tend to act like sharks: They have to keep moving or they'll die. They don't read more than is necessary.
- ❖ **We don't need to read everything** — On most pages, we're only interested in a fraction of what's presented.
- ❖ **We're good at it** — We scan newspapers, magazines, e-mails, fliers to find the parts we're most interested in.



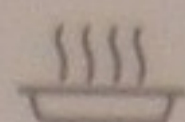
### CUSTOM FUNCTIONS



POPCORN



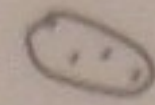
BEVERAGE



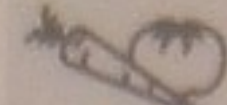
REHEAT



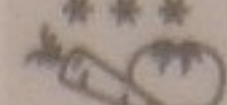
SNACKS



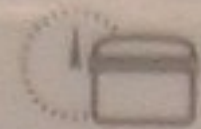
BAKED POTATO



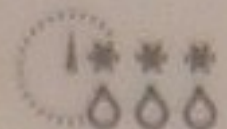
FRESH VEG.



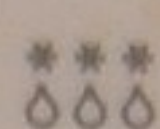
FROZEN VEG.



TIME COOK



TIME DEFROST



AUTO DEFROST

GUIDE BEHIND DOOR

1

EXPRESS COOK

2

EXPRESS COOK

3

EXPRESS COOK

4

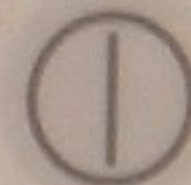
EXPRESS COOK

5

EXPRESS COOK

6

EXPRESS COOK



START

7

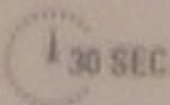
8

9



POWER  
LEVEL

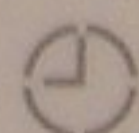
0



CLEAR  
OFF



TIMER



CLOCK



POPCORN

POTATO

PIZZA

BEVERAGE

SOUP

DINNER  
PLATE

FRESH  
VEGETABLE

FROZEN  
VEGETABLE

POWER

KITCHEN  
TIMER

WEIGHT  
DEFROST

TIME  
DEFROST

MEMORY

EXPRESS COOK

1

2

3

4

5

6

7

8

9

AM/PM

0

CLOCK  
PRE-SET

STOP  
CLEAR

START  
+30SEC.



# We don't figure out how things work. We muddle through.

---

- ❖ **True of all technology** — Web sites, software, household appliances. We use things all the time without understanding how they work. Few people read the instructions.
- ❖ **If we find something that works, we stick with it** — Once we find something that works, no matter how badly, we tend to not look for a better way. (We might stumble upon a better way, but seldom look for one.)
- ❖ **Not much penalty for wrong guesses** — Unlike firefighting, penalty is usually only a click or two to go back.



# The Good News

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# Create a clear visual hierarchy

The more important something is,  
the more prominent it is.

This can be done with size, boldness, **color**, or groupings



Your design should be

**CRAP**

Contrast

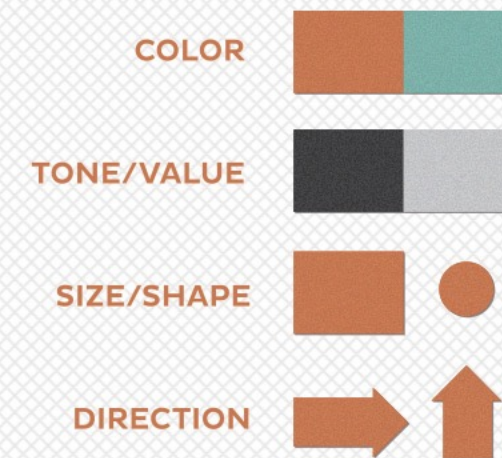
Repetition

Alignment

Proximity



# CONTRAST

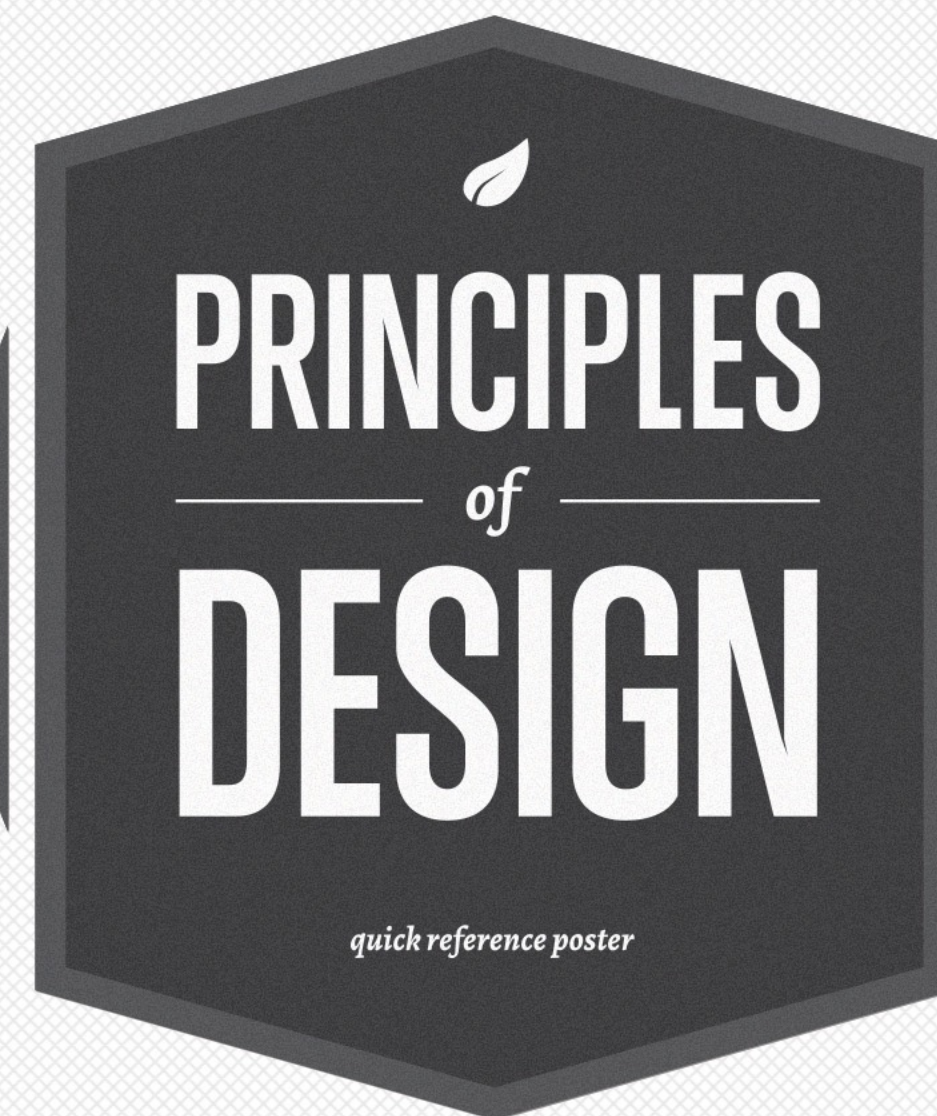
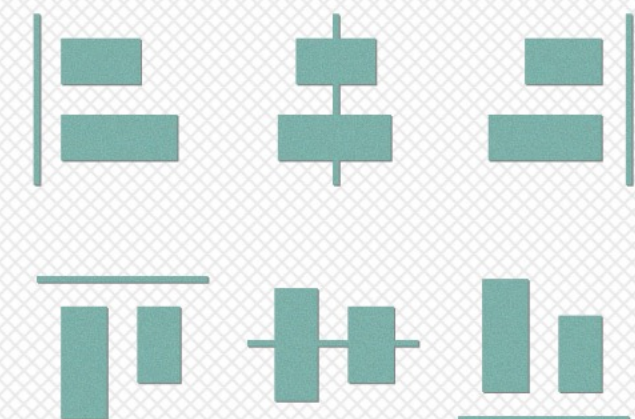


Unique elements in a design should stand apart from one another. One way to do this is to use contrast. Good contrast in a design - which can be achieved using elements like color, tone, size, and more - allows the viewer's eye to flow naturally.

To the left, you can see 4 ways to create contrast in your design.

# ALIGNMENT

Proper alignment in a design means that every element in it is visually connected to another element. Alignment allows for cohesiveness; nothing feels out of place or disconnected when alignment has been handled well.

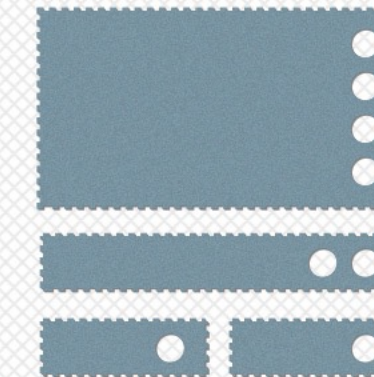


# REPETITION

Repetition breeds cohesiveness in a design. Once a design pattern has been established - for example, a dotted border or a specific typographic styling - repeat this pattern to establish consistency.

The short version?

Establish a style for each element in a design and use it on similar elements.



# PROXIMITY

Proximity allows for visual unity in a design. If two elements are related to each other, they should be placed in close proximity to one another. Doing so minimizes visual clutter, emphasizes organization, and increases viewer comprehension.

Imagine how ridiculous it would be if the proximity icons on this graphic were located on the other side of this document.







**CCYC'S ANNUAL  
GOOD FRIDAY FISH  
FEATHER PARTY  
APRIL 22, 2011**

**FISH FRY: 4 p.m. - 7 p.m.**

**WHOLE WALLEYE & PERCH**

**PERCH**

**BAKED POTATOES**

**COLE SLAW**

**ROLL & BUTTER**

**DESSERT**

**FEATHER PARTY**

**I-PAD RAFFLE**

**COMMODORE SPINS**



CCYC Annual Good Friday

# **FISH FRY & FEATHER PARTY**

April 22, 2011

4pm-7pm

- Whole Walleye and Perch
- Baked potatoes
- Cole slaw
- Roll & Butter
- Dessert

Fish Fry starts 4pm; Feather Party at 7pm.  
Includes iPad Raffle. The commodore will spin!



designwise  
we are creative people.

[portfolio](#) [about us](#) [contact](#) [home](#)

# Good design is good business.

DesignWise is a creative services studio located in Yorktown, Virginia. We create websites, print graphics, and logo & identity branding both locally and nationwide.

**more about us >>**

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see our work





**Is this easy to read?**

**Is this easy to read?**



# CLOUDS OVER CUBA

THE CUBAN MISSILE CRISIS AND WHAT MIGHT HAVE BEEN

ENTER THE DOCUMENTARY



REAL-TIME CALENDAR



DOCUMENT DOSSIER



SYNC WITH MOBILE



CHAPTER SELECTION



FOLLOW JFK



© 2012 JOHN F. KENNEDY PRESIDENTIAL LIBRARY & MUSEUM. [TERMS](#)



# Real-world scenario

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THE  
OSCARS

EMMA STONE  
"LA LA LAND", FILM

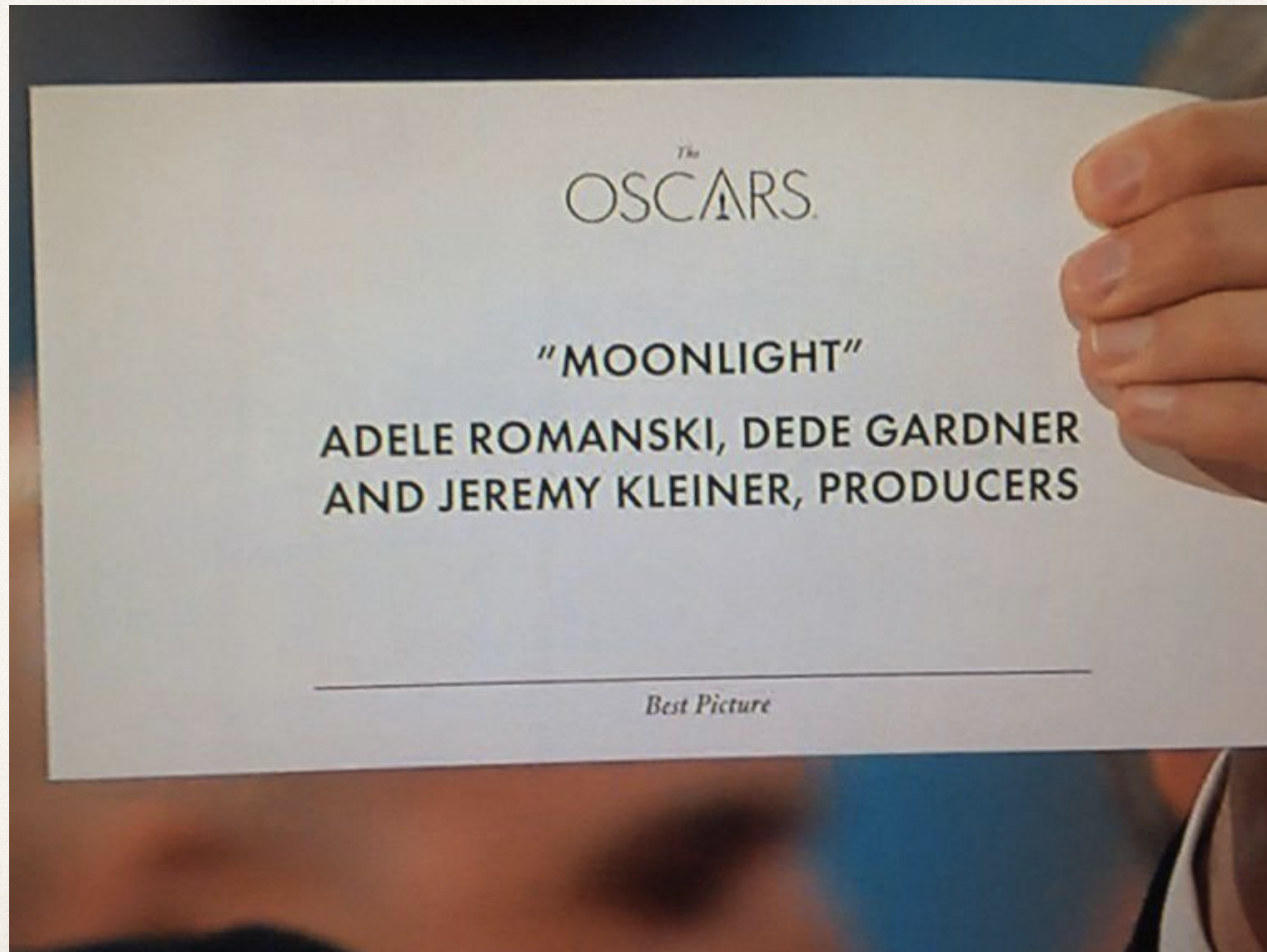
---

*Best Actress*





# What we're starting with







**"MOONLIGHT"**

**ADELE ROMANSKI, DEDE GARDNER  
AND JEREMY KLEINER, PRODUCERS**

---

*Best Picture*





**"MOONLIGHT"**

**ADELE ROMANSKI, DEDE GARDNER  
AND JEREMY KLEINER, PRODUCERS**

---

*Best Picture*



Header

THE  
OSCARS.

Body

“MOONLIGHT”  
ADELE ROMANSKI, DEDE GARDNER  
AND JEREMY KLEINER, PRODUCERS

Footer

---

*Best Picture*



on contrast

"If two items are not exactly the same, then make them different. Really different."

*—Robin Williams, The Non-Designer's Design Book*



**"MOONLIGHT"**

**ADELE ROMANSKI, DEDE GARDNER  
AND JEREMY KLEINER, PRODUCERS**

---

*Best Picture*

Header is essentially a logo. Ask, "does this help me solve my problem?"



# MOONLIGHT

ADELE ROMANSKI, DEDE GARDNER  
AND JEREMY KLEINER, PRODUCERS

---

*Best Picture*

Add some contrast in the size.



# MOONLIGHT

ADELE ROMANSKI, DEDE GARDNER  
AND JEREMY KLEINER, PRODUCERS

---

*Best Picture*

Add some contrast in the titles.



# MOONLIGHT

PRODUCERS: ADELE ROMANSKI,  
DEDE GARDNER AND JEREMY  
KLEINER

---

*Best Picture*

Swap the descriptor, so that it's read first (unmistakable).



*Best Picture*

# MOONLIGHT

PRODUCERS: ADELE ROMANSKI,  
DEDE GARDNER AND JEREMY  
KLEINER

Move the footer it becomes the header, or most important part of card.  
Make italics for further contrast.



on repetition

"[Repetition] is a conscious effort to unify all parts  
of a design [by achieving consistency]"

*–Robin Williams, The Non-Designer's Design Book*



*Best Picture*

# MOONLIGHT

PRODUCERS: ADELE ROMANSKI,  
DEDE GARDNER AND JEREMY  
KLEINER



*Best Picture*

# MOONLIGHT

*Producers:* ADELE ROMANSKI, DEDE  
GARDNER AND JEREMY KLEINER

The descriptors are in two different typefaces. The Award Category title is in Palatino Italic and the Producers title is in Futura Medium. Change them both to Palatino Italic.



*Best Picture*

# MOONLIGHT

*Producers:* ADELE ROMANSKI, DEDE  
GARDNER AND JEREMY KLEINER

Remember: contrast includes size, boldness, font, and **color**.



on alignment

"Nothing should be placed on the page arbitrarily.  
Every item should have a visual connection with  
something else on the page."

*–Robin Williams, The Non-Designer's Design Book*



*Best Picture*

# MOONLIGHT

*Producers:* ADELE ROMANSKI, DEDE  
GARDNER AND JEREMY KLEINER



*Best Picture*

# MOONLIGHT

*Producers*  
ADELE ROMANSKI  
DEDE GARDNER  
JEREMY KLEINER

Good alignment for tighter visual flow.





The problem with center alignment with multiple lines is that it creates jagged edges.



*Best Picture*

# MOONLIGHT

*Producers*

ADELE ROMANSKI

DEDE GARDNER

JEREMY KLEINER

Left-align on a 12-column grid.



on proximity

"Group related items together. Items or groups of information that are not related to each other should not be in close proximity to the other elements, which gives the reader an instant visual clue to the organization and content of the page."

*—Robin Williams, The Non-Designer's Design Book*



*Best Picture*

# MOONLIGHT

*Producers*

ADELE ROMANSKI

DEDE GARDNER

JEREMY KLEINER

Move similar elements closer together.



*Best Picture*

# MOONLIGHT

*Producers*

ADELE ROMANSKI

DEDE GARDNER

JEREMY KLEINER

THE  
OSCARS.

Insert a monkey wrench, without disturbing the card's overall harmony.



*Best Picture*

# MOONLIGHT

*Producers*

ADELE ROMANSKI

DEDE GARDNER

JEREMY KLEINER

THE  
OSCARS

Lighten logo to keep it minimal, and not crowding the visual flow too much.



THE  
OSCARS.

EMMA STONE  
"LA LA LAND", FILM

---

*Best Actress*



*Best Actress*  
**EMMA STONE**

*Film*  
La La Land

THE  
OSCARS.



*Apply this in everything you do...*

---



To: Faculty  
From: Curriculum Committee  
Date: December 4, 2012  
RE: First Year Student Advising

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As a policy, the UC Berkeley Graduate Division includes mentoring as an element of best practices for each college, school and department, "Effective mentoring must be built on a commitment to providing every student with individual access to professional, collegial and supportive guidance throughout their enrollment in graduate program at UC Berkeley."

Faculty advising plays an important part in laying the groundwork for student mentoring. The Curriculum Committee would like to bring the Journalism School into compliance with its mentorship responsibility by reactivating student advising.

Informal advising has been underway at the school, but it needs a formal structure to assure that no first-year is left behind. As outlined below, the framework will facilitate a smooth transition for first-year students to the spring semester, when a number of the permanent faculty members will be away. The following structure will be communicated to all first-year students to aid them in their advising during the spring semester.

1. J200 faculty will remain as advisers for their J200 students. This is an advising relationship that the student carries with them throughout their J-School career.
2. As students pursue their interests in particular media, they may seek out the following permanent faculty members as warranted:
  - Paul Grabowicz or Richard Koci Hernandez advise students interested in Multimedia.
  - Joan Bieder, Bob Calo or Jon Else advise students interested in Television or Documentary.
  - Susan Rasky or Deidre English advise students interested in Long Form Writing.
  - Bill Drummond advises students interested in Radio.
  - Ken Light advises students interested in Photography.
3. Lecturers are a resource for all students interested in the lecturer's areas of expertise, but the primary responsibility for advising lies with permanent faculty members.
4. As Associate Dean, Joan Bieder continues in her current roll with academic affairs and addresses all academic issues that cannot be resolved between instructors and students.
5. Master's Project Adviser selection for the current first year students is scheduled to take place during March and April of 2013 under the supervision of Associate Dean Bieder.

The advising and mentorship responsibilities of faculty are explained in detail in this website

<http://grad.berkeley.edu/policies/guides/appendix-11-best-practices-for-faculty-mentoring-of-graduate-students-approved-by-the-graduate-council-march-6-2006/>

##





**Joanne Straley**

to First, Ben, Kara, me, Michele, Richard, Christopher, Janice, Joan, david ▾

Hello First Year Students!

*(There is ALOT of information in this email, with many important deadlines. Grab a coffee/tea and take some time*

**The Kaiser Fellowship and Merit Fellows information and applications are ready the intranet.** <https://intranet.journalism.berkeley.edu/awards/>

Or--Go to INTRANET/MISC/STUDENT HANDBOOK/ SECOND YEAR FUNDING INFORMATION for details.

Here is the funding timeline as discussed at our meeting last week:

- March 1--Release of Kaiser Application and Fellows Application
- March 2 - FAFSA Renewal Due (priority deadline, don't panic if you miss it, but don't delay. You will need to submit a Financial Aid Report) as part of your merit applications if applying).
- **March 14 - Applications due for Fellows**
- **March 18 - Application due for Kaiser**
- April 8 - Decision for Fellows and Kaiser complete
- April 15 - Application for J-Peers released
- April 22 - Application for J-Peers due
- May 1 - Decision for J-Peers announced

As discussed (go to the intranet for full details):

1. **The Kaiser Fellowship**--The Kaiser Fellowship for reporting on disparities in health and health care access in the U.S. includes a semester salary of about \$2,500, a semester stipend toward your fees and a reporting stipend. The process requires a reporting proposal. Details on intranet.

2. **School Merit Fellows** - Each student will be able to apply for any position that is of interest. Positions include a semester salary of about \$2,500, a semester stipend toward your fees and a reporting stipend. We anticipate 14-18 positions for next year. Full details will be posted on the intranet. Positions include: Audio, New Media, Video/Doc, J200, Equipment Manager, IRP.

\*\*\*\*\*



# Concision

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# ~~Omit needless words~~

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## **Omit needless words**

Vigorous writing is concise. A sentence should contain no unnecessary words, a paragraph no unnecessary sentences, for the same reason that a drawing should have no unnecessary lines and a machine no unnecessary parts.

— William Strunk, Jr. and E.B. White, *The Elements of Style*



# Happy talk must die

---

Thank you for agreeing to take this brief survey. The following questionnaire is designed to provide us with information that will help us improve the site and make it more relevant to your needs. Please select your answers from the drop-down menus and radio buttons below. The questionnaire should only take you 2-3 minutes to complete.

At the bottom, you can choose to leave your name and phone number. You may be contacted in the future to participate in a survey to help us improve the site.



# Happy talk must die

---

Please help us improve the site by answering these questions. It should only take you 2-3 minutes to complete this survey.



# Scene from a Mall

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TOOLS

HOUSEWARES

LAWN AND GARDEN





# Scene from a Mall

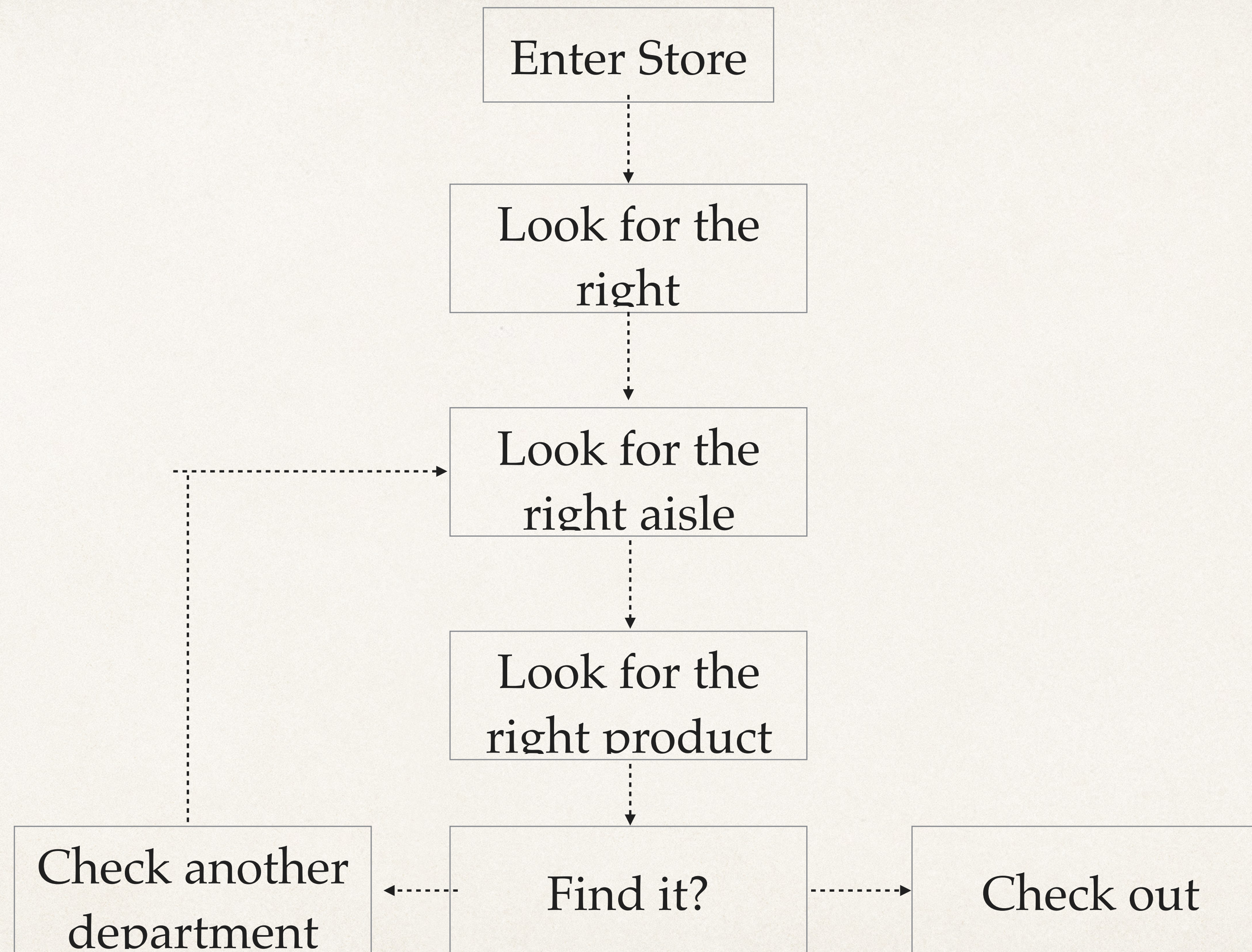
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Power Tools

Hand Tools   Sanding and Grinding









# Navigation

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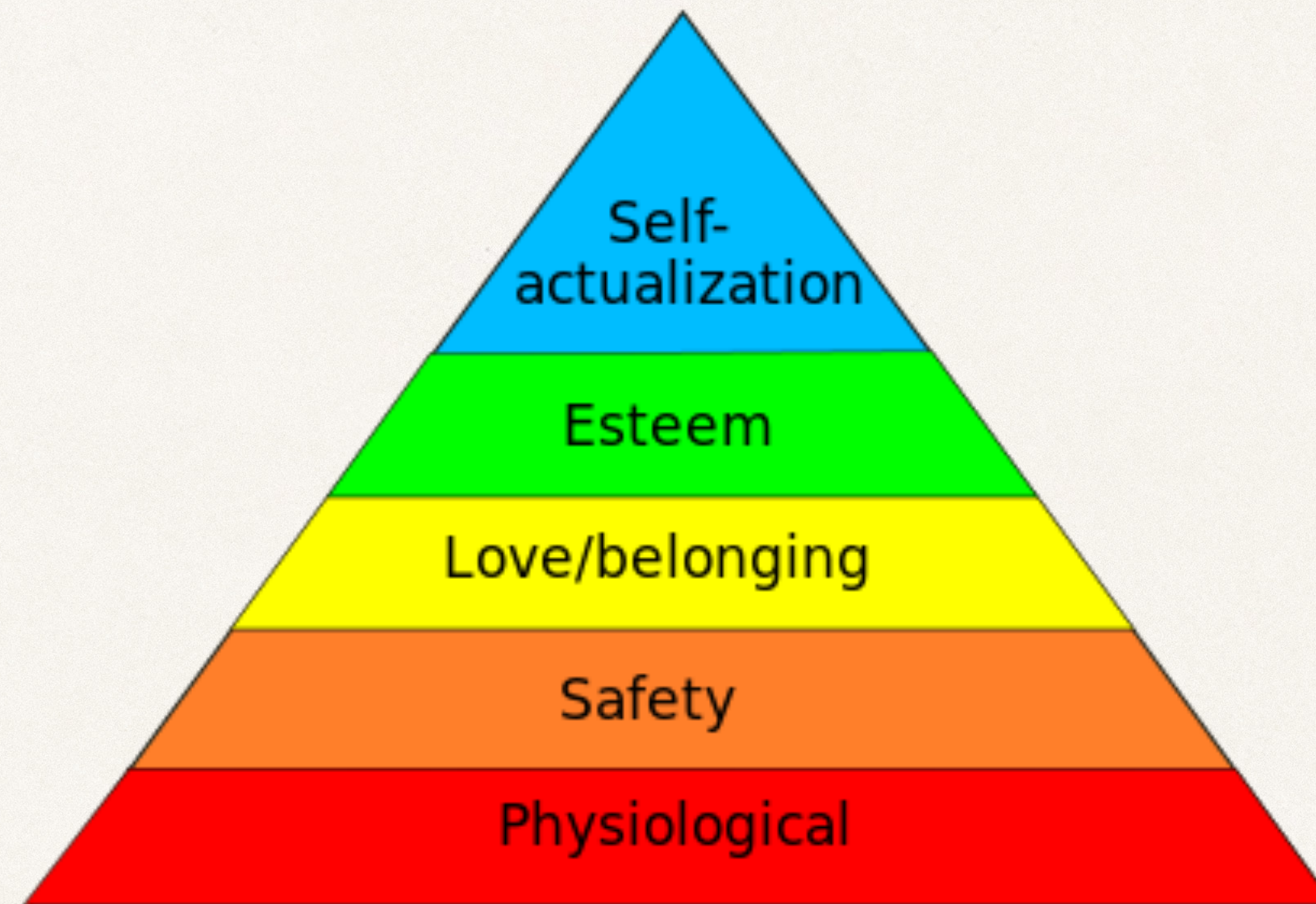
- ❖ **Keep a clear and consistent navigation** guiding people through the page/site. (Breadcrumb navigation)
- ❖ **The banner or site logo** should be a beacon for getting back to the beginning.
- ❖ **Navigation gives a sense of scale** of the web project.
- ❖ **Hierarchy can help provide a logical path** through the project.



# Maslow's Triangle

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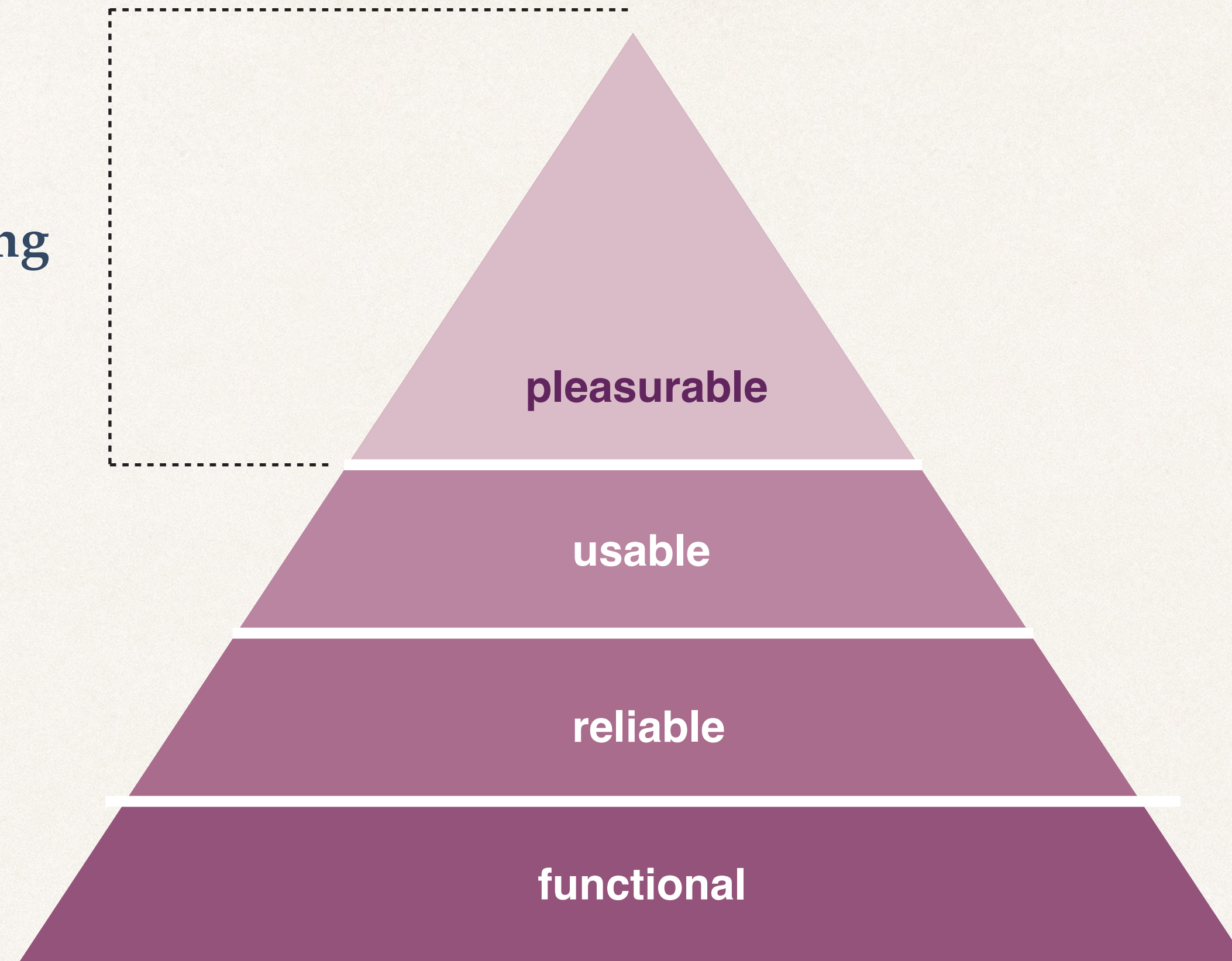




Abraham Maslow in his 1943 paper "A Theory of Human Motivation"



**missing**



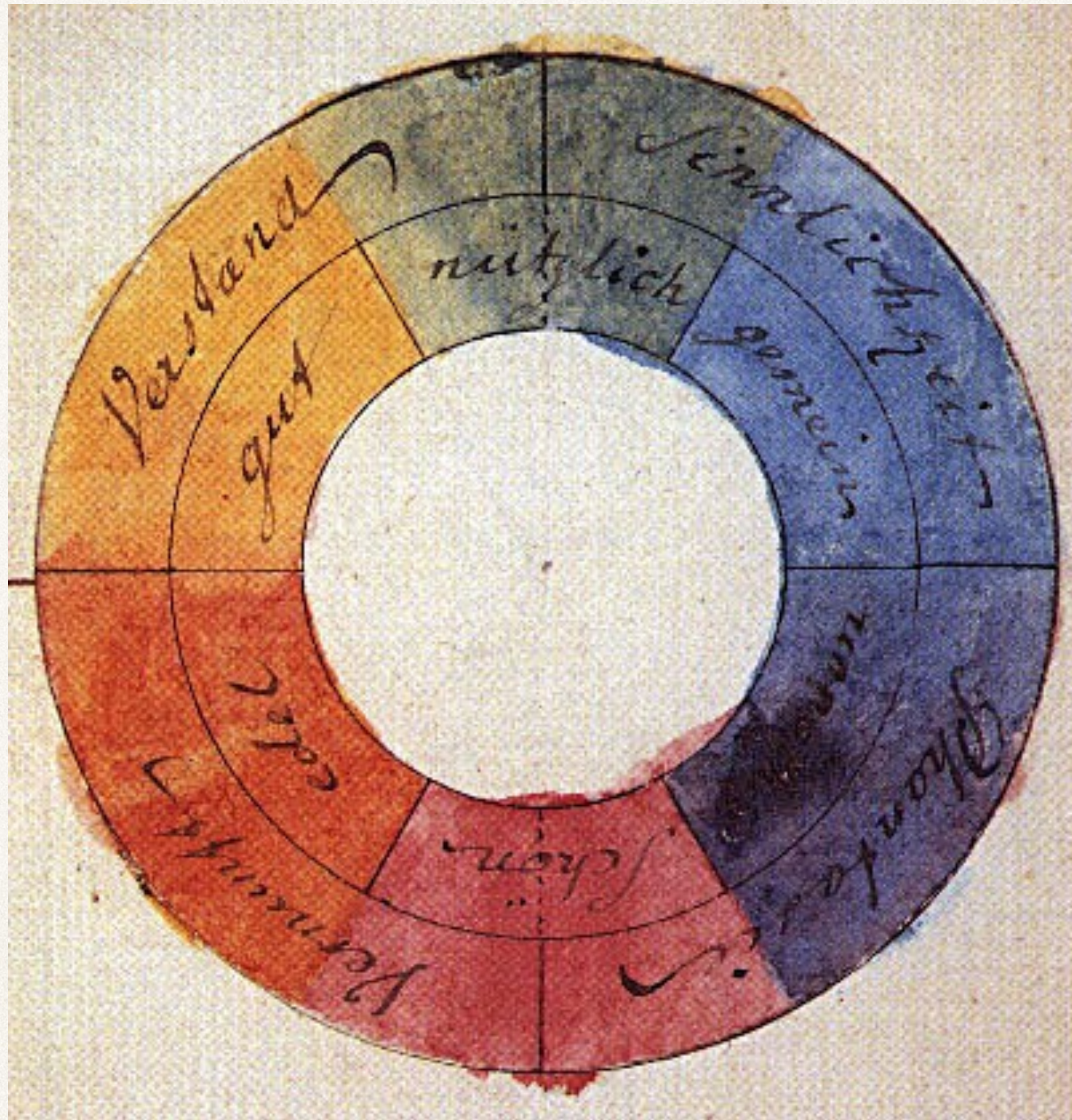
Aaron Walter in Designing for Emotion



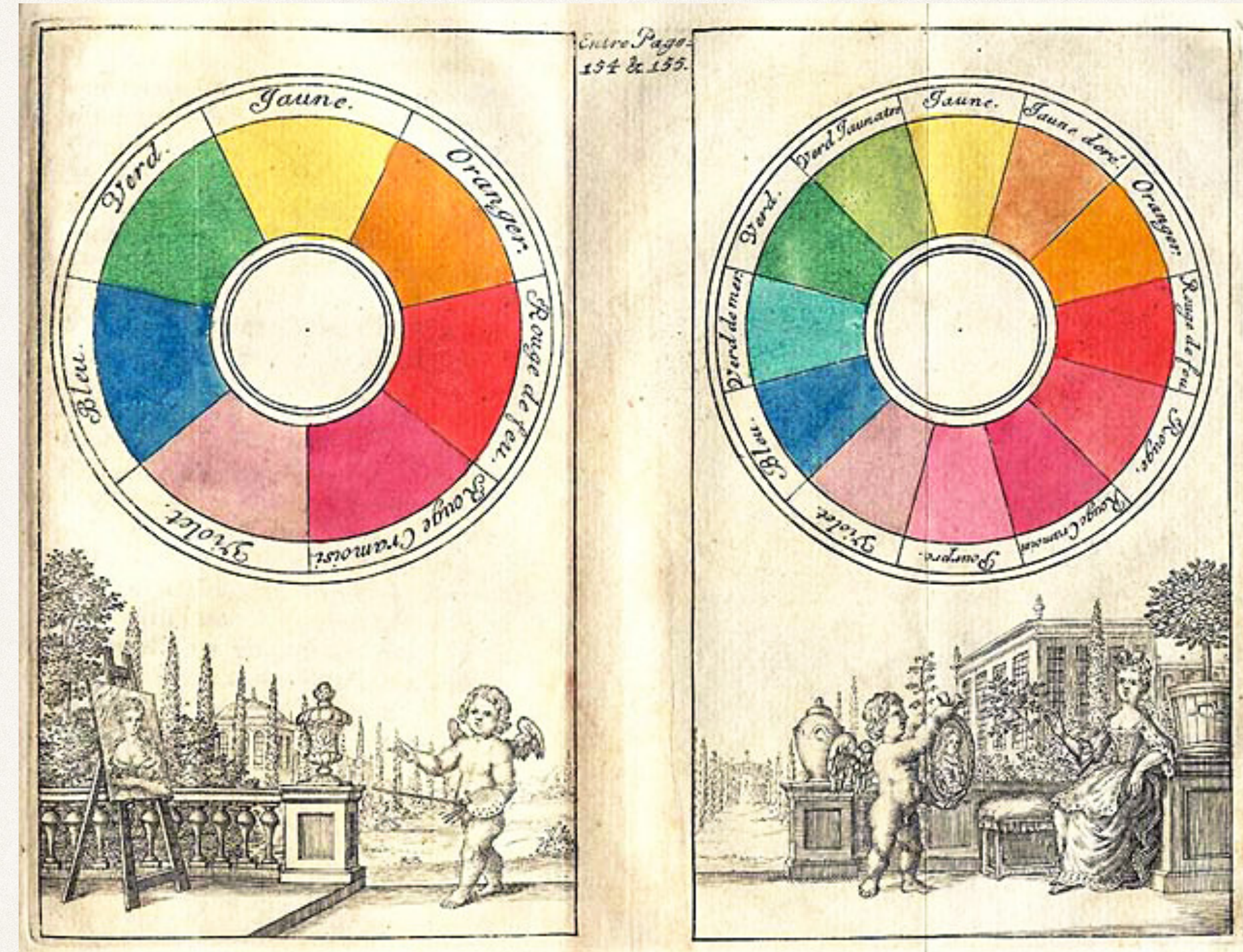
# Color Theory

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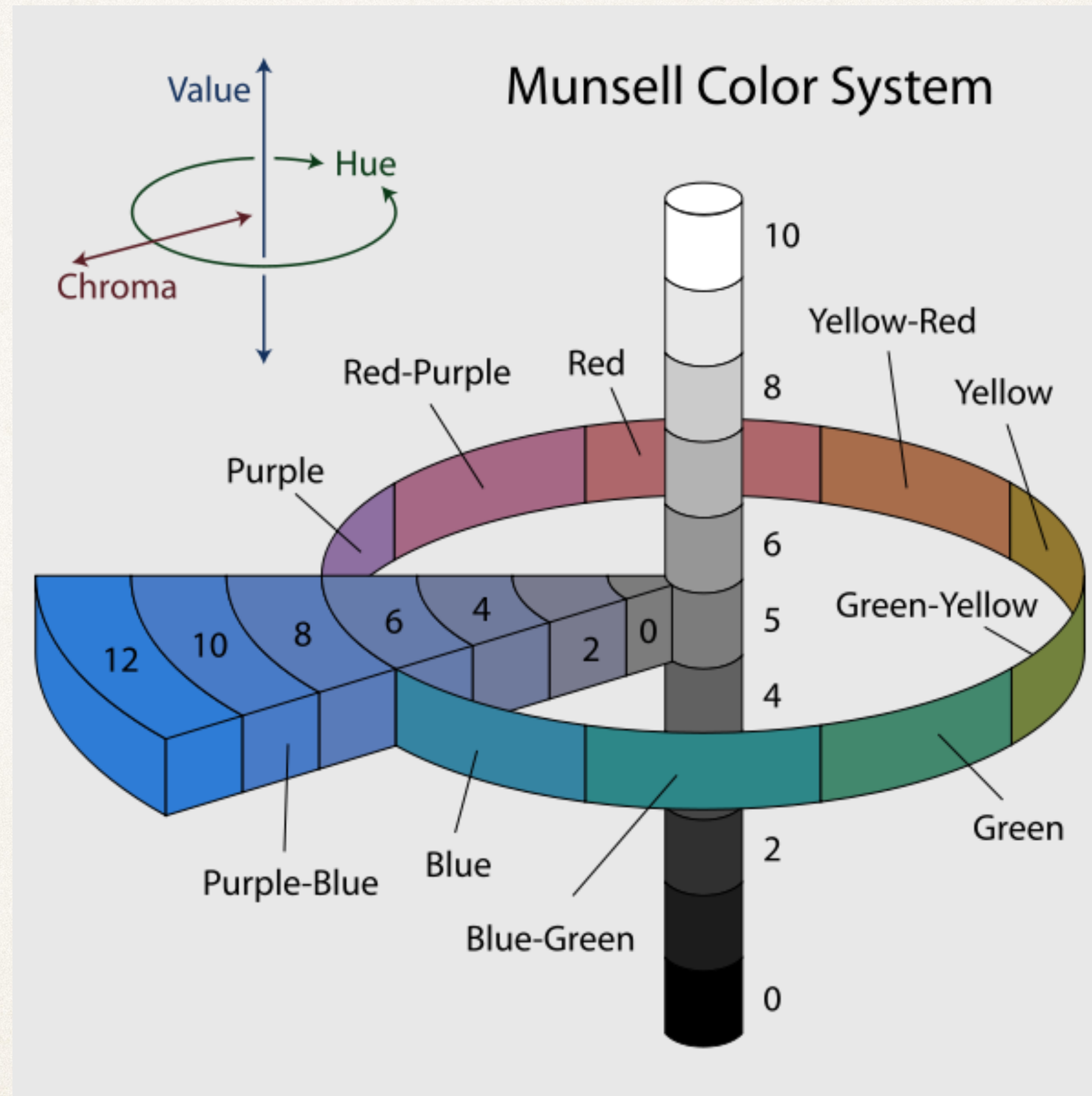


Goethe's color wheel from his 1810 Theory of Colours



Boutet's 7-color and 12-color color circles from 1708





## Saturation

How vivid a color is (more saturated means more brilliant, mid-saturation is pastel, no saturation is gray)

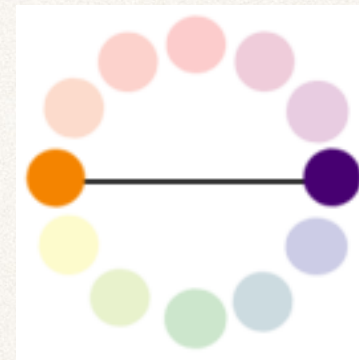
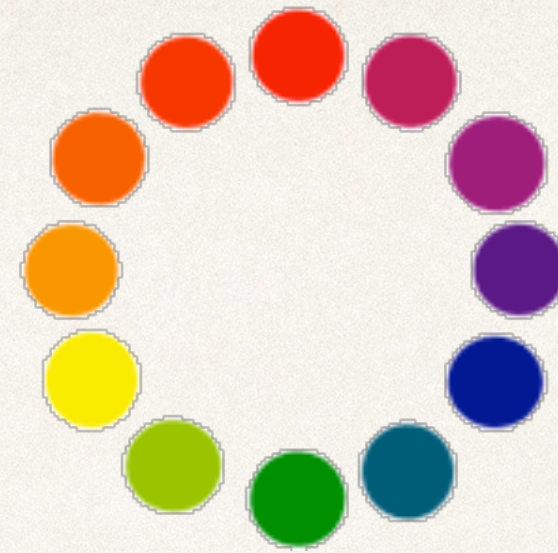
## Hue

The color on the color wheel.

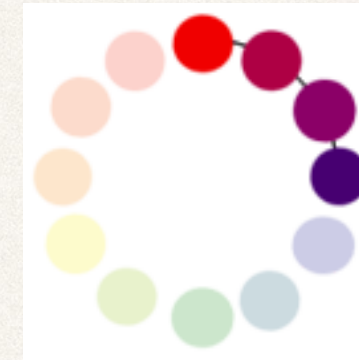
## Lightness

On a scale from black to white, or how bright/dark the color is

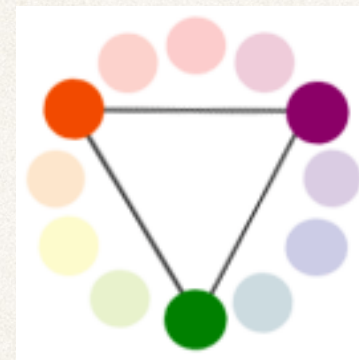




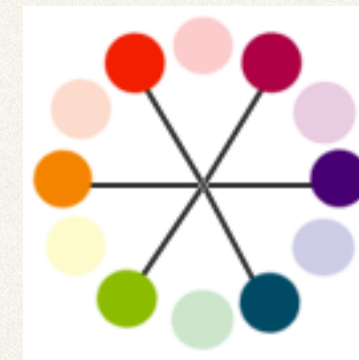
Complementary  
colors



Analogous colors



Triad (secondary)  
Colors



Tertiary colors

<http://paletton.com/>



Reds are passionate, energetic & confident.

Oranges are warm, cheerful & creative.

Yellows are bright, lively & optimistic.

Purples are imaginative, elegant, royalty

Blues are trustful, harmonious & calm.

Greens are peaceful, refreshing & natural.

Calm, modern, clean



## In China

Joy, government, wealth, increase

Royalty, perfection

Emperor, earth, political, middle/center

Misfortune

Aging, ill

Life, vitality, greed, decrease

Dull, cheap



10





# Typography

---





sans-serif

serif



# Serif sans-serif

Serifs are easier to read long text, like in books or long articles. Serifs are a authoritative, serious font.

Sans-serifs are easier to see at a glance. San-serifs are generally more modern, minimalistic.



# Display Fonts

---

HERCULANUM  
**PHOSPHATE**

Noteworthy  
*Snell Roundhand*

*Zapfino*



Once upon a time there lived in a certain village a little country girl, the prettiest creature that ever was seen. Her mother was very fond of her, and her grandmother loved her still more. This good woman made for her a little red riding-hood, which became the girl so well that everybody called her Little Red Riding-hood.



**Once upon a time there lived in a certain village a little country girl, the prettiest creature that ever was seen. Her mother was very fond of her, and her grandmother loved her still more. This good woman made for her a little red riding-hood, which became the girl so well that everybody called her Little Red Riding-hood.**



Once upon a time there lived in a certain village a little country girl, the prettiest creature that ever was seen. Her mother was very fond of her, and her grandmother loved her still more. This good woman made for her a little red riding-hood, which became the girl so well that everybody called her Little Red Riding-hood.



**ALL FONTS HAVE PERSONALITY & A PURPOSE**

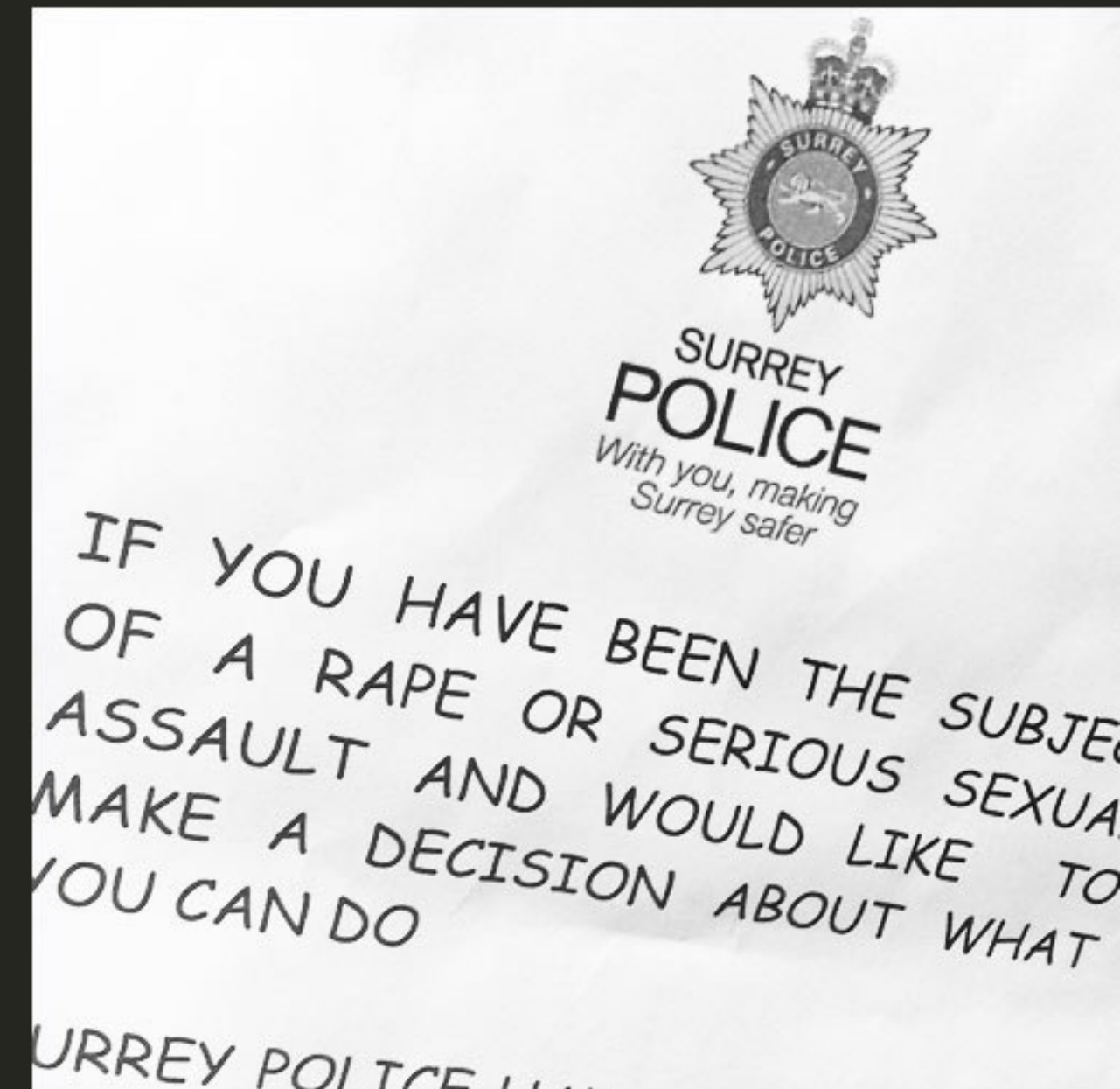
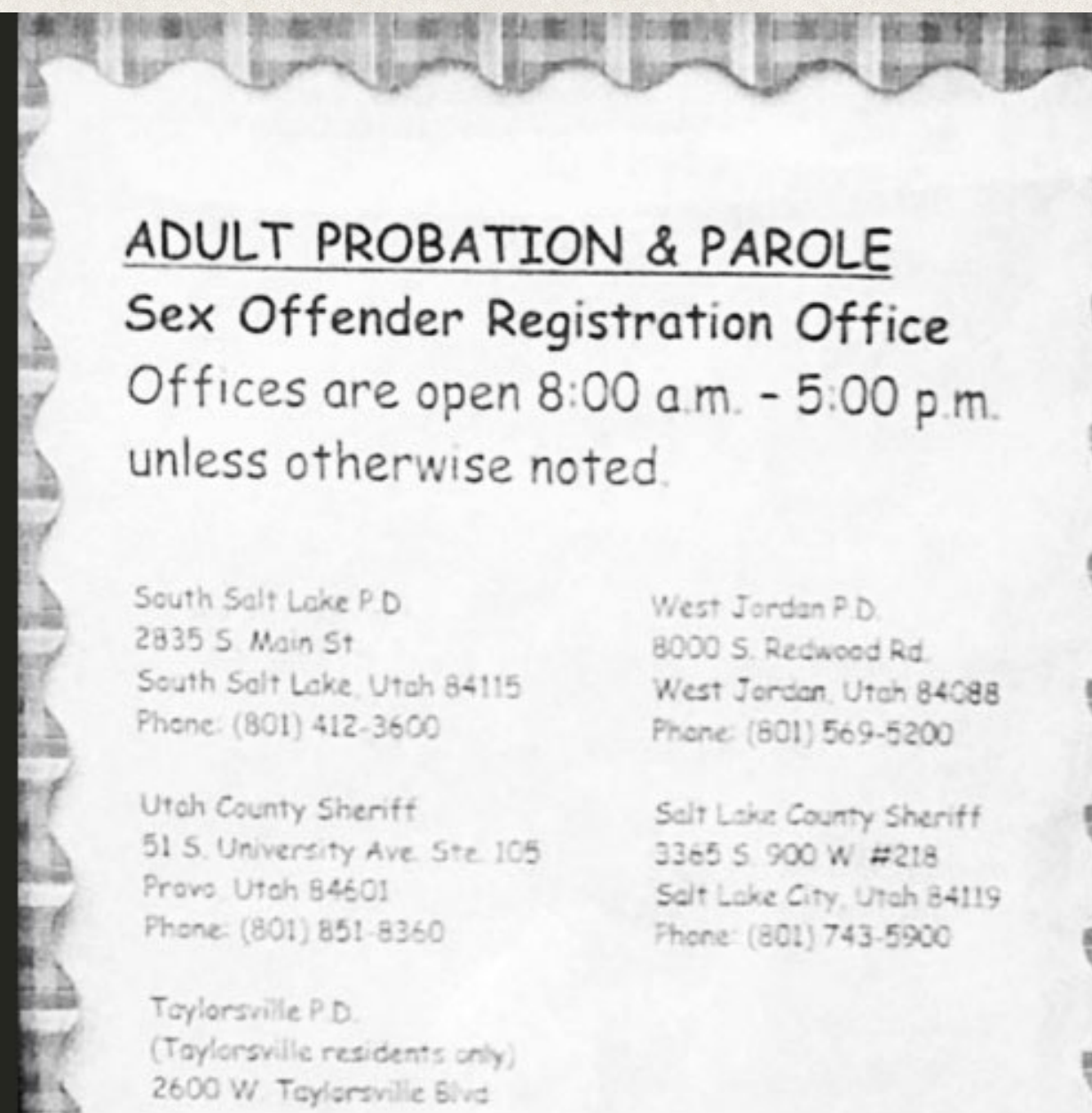
---



# Comic Sans Criminal

---







Dear Jimmy,

You are invited to my super-awesome  
castle birthday party fun day, in Times  
New Roman. Are you excited?

Timmy



Dear James,

It is with my deepest regret that I  
write to inform you that our test results  
indicate that you have disease X.

Dr. Tim



# Font pairings

---





# Font pairings

---

<http://justmytype.co/>

<http://fontpair.co/>

<http://www.typegenius.com/>

<http://www.typeconnection.com/>



Steal like an artist

---



# Points of inspiration

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❖ GraphicRiver.net


❖ veer.com

❖ VideoHive.net

❖ sidebar.io



# The Season Cycle



A look at Rochester across the seasons.

From **winter's** snows through **spring's** rebirth.

The glory of **summer** to the blaze of **autumn**

Winter Spring Summer Autumn

Photographs by staff  
photographer Will Yurman



# Design Workflows

---



Research

Sketch

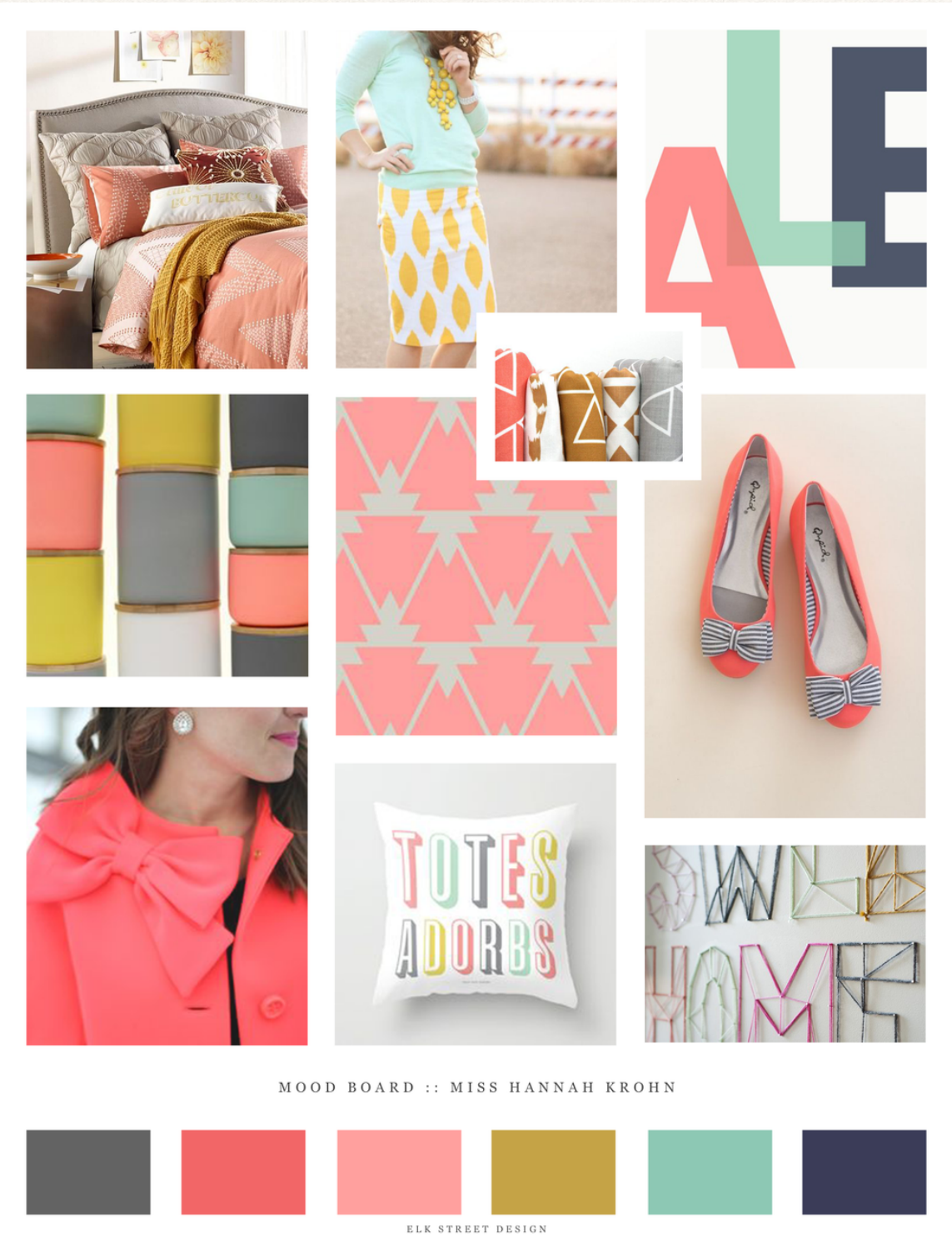
Gather

Mock-up

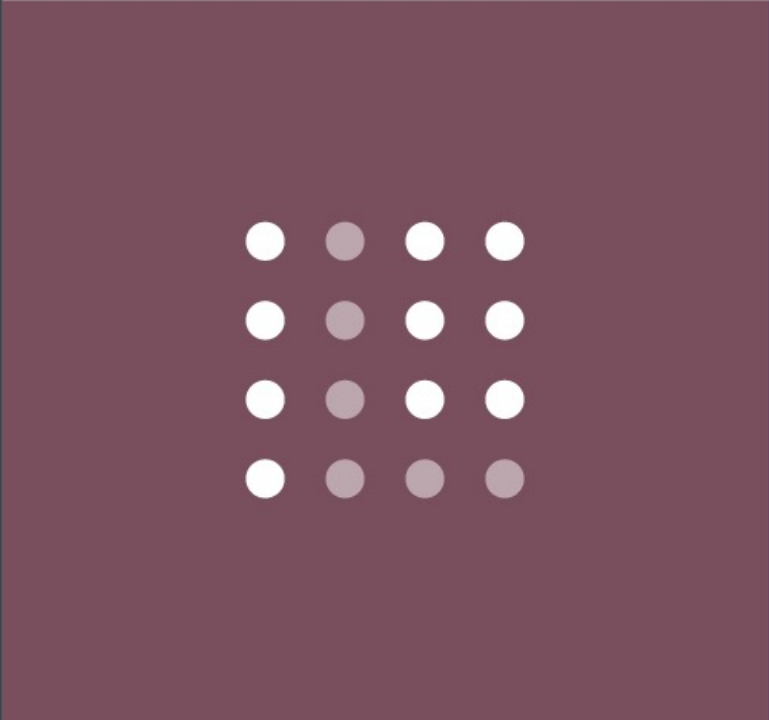
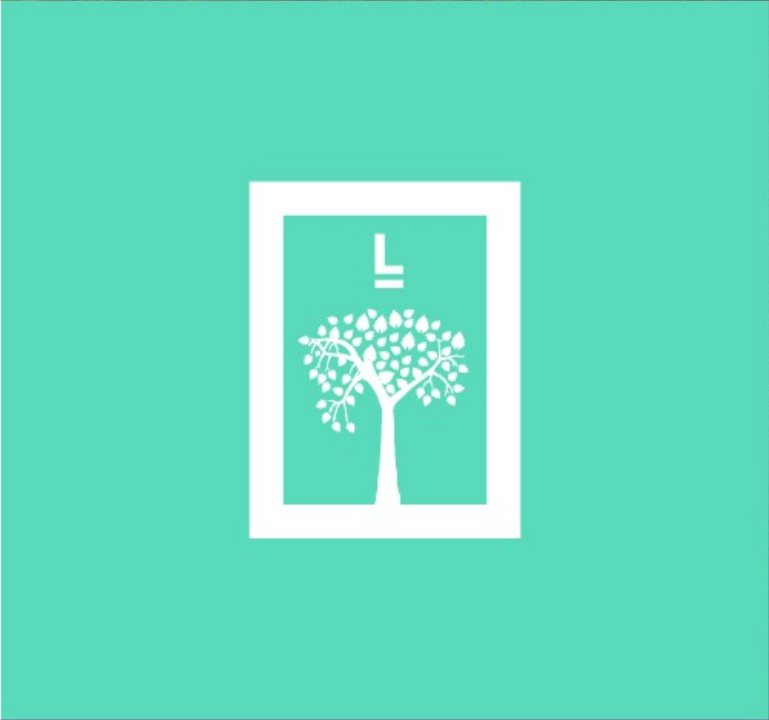
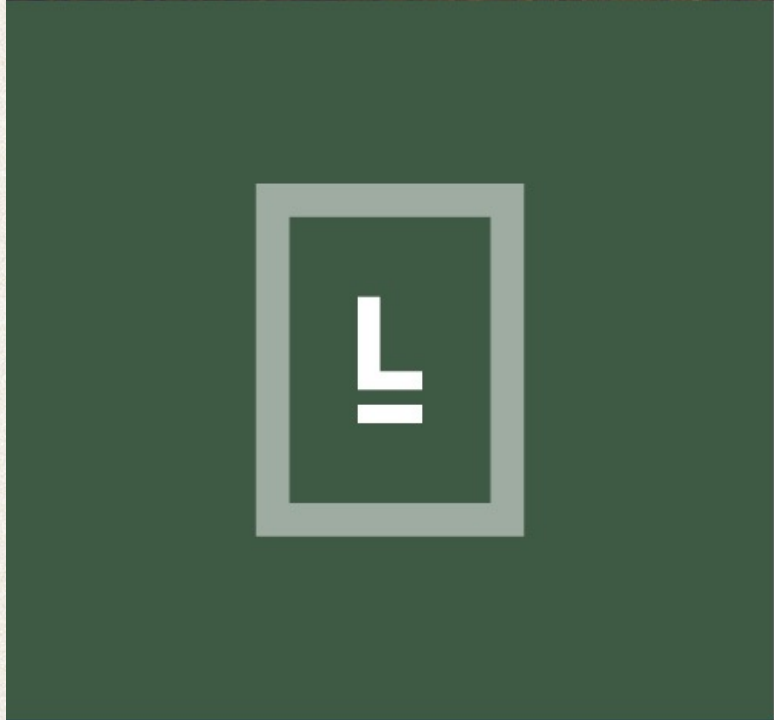
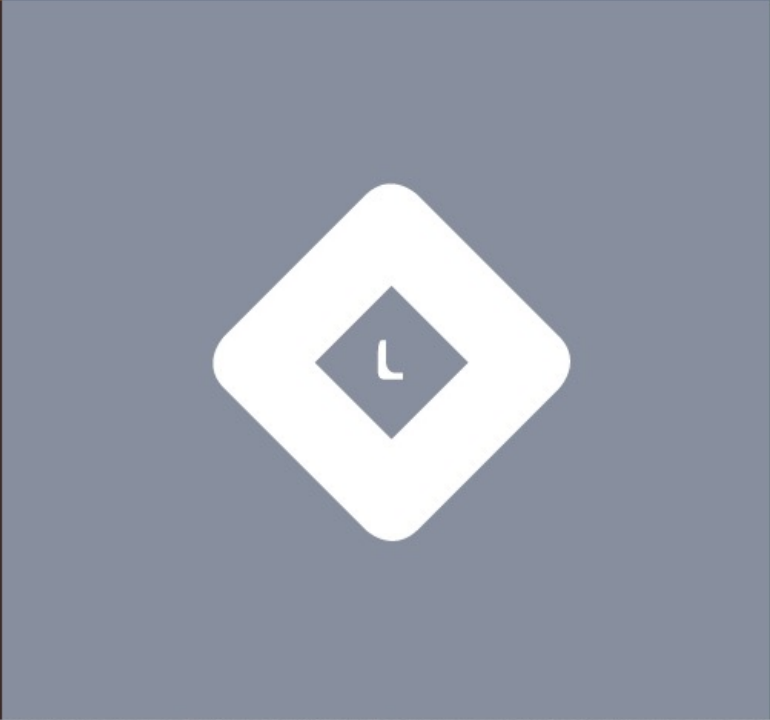
**Build**



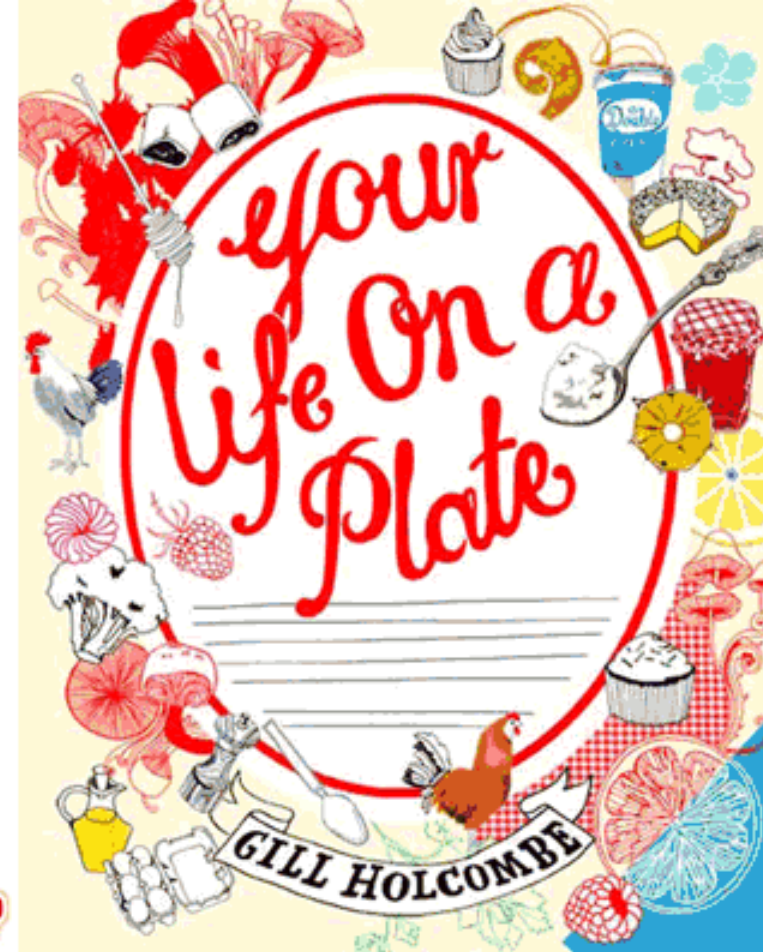
# It always starts with inspiration.











**THE RATION**

THE RATION



*the Ration*



*the Ration*



THE RATION



**The Ration**

**The Ration**

**The Ration**





1.



2.



3.



4.



5.



6.



7.

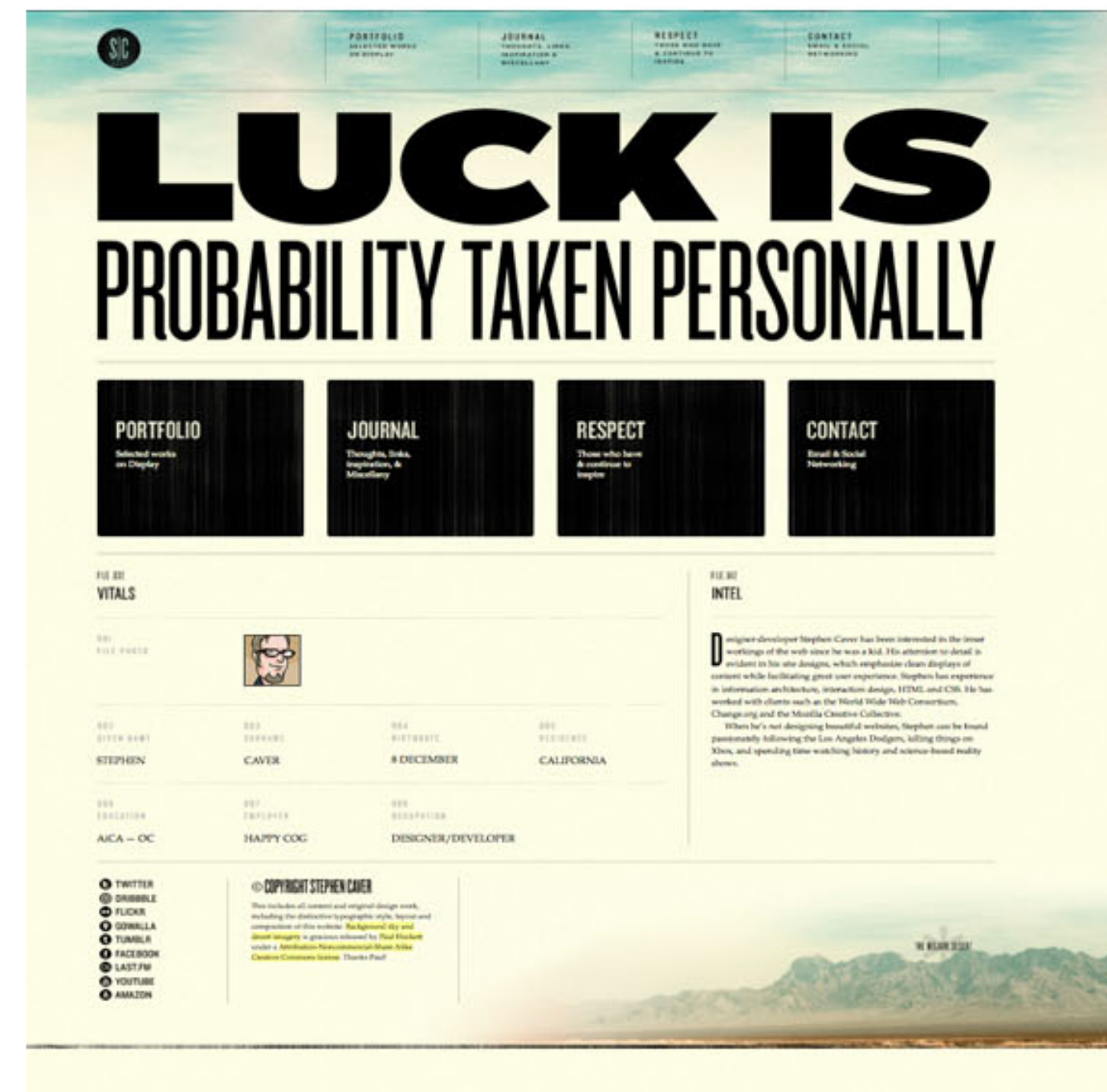
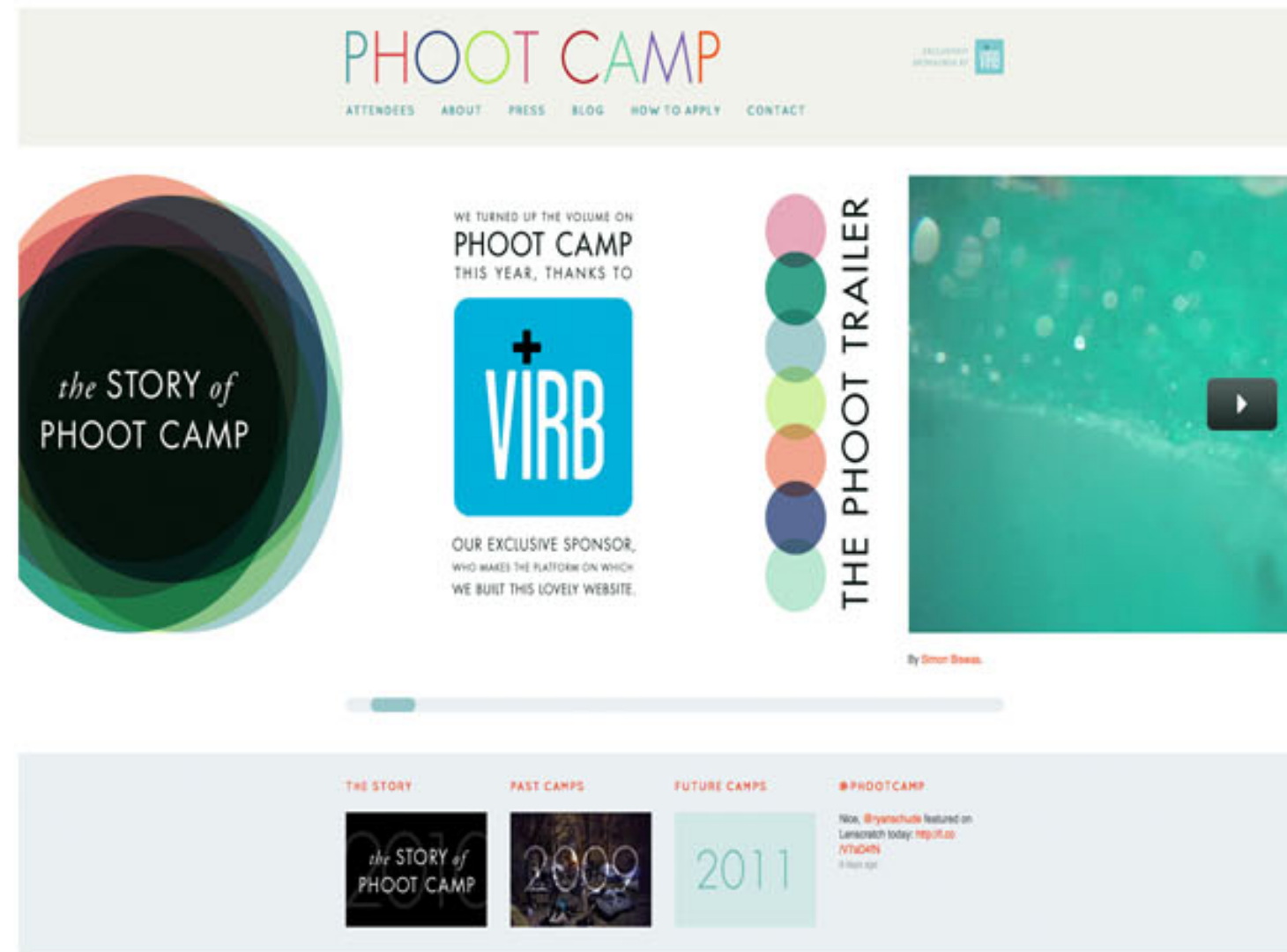


8.



9.



**sites**



THE RATION IS A FOOD ETC. MAGAZINE

THE RATION : FOOD NEWS



the Ration NEWS TO EAT TO



RATIONAL THOUGHT

THERATION 

THE RATION  
NEWS IN THE TIME OF FOOD

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# the Ration

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Stone Sans OS ITC TT

#38: Futura®  
family of 20 fonts from Adobe

## the Ration

#44: Monroe +WEB  
family of 2 fonts from Sudtipos

## the Ration

#45: Avant Garde Gothic®  
family of 20 fonts from Adobe

## the Ration

Nilland-SmallCaps.ttf

## the Ration

Nilland-SmallCaps-Bold.ttf

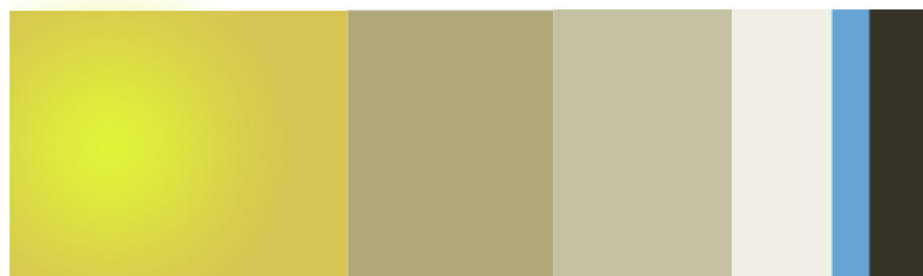
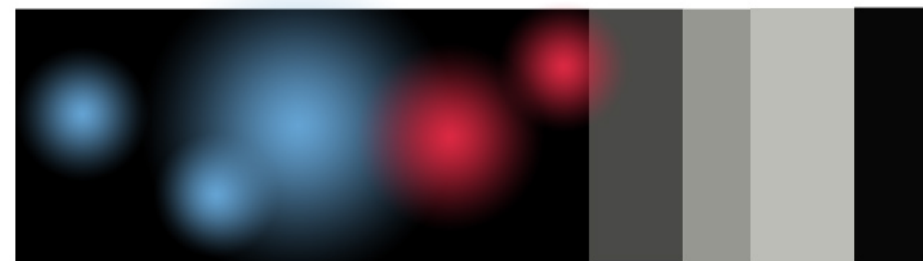
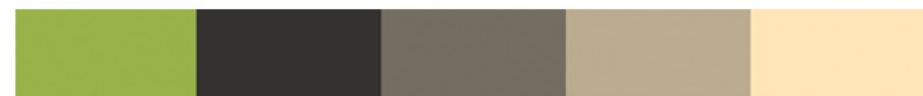
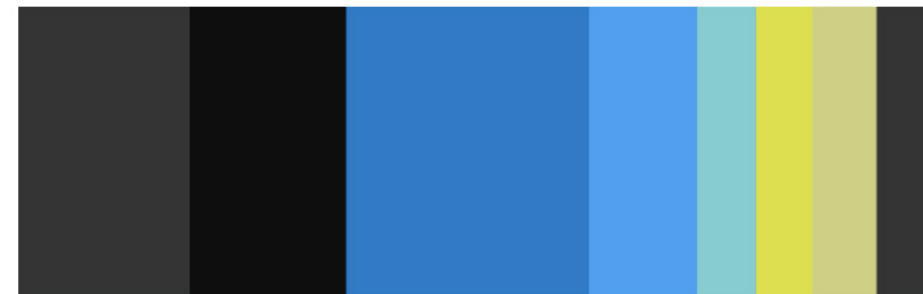
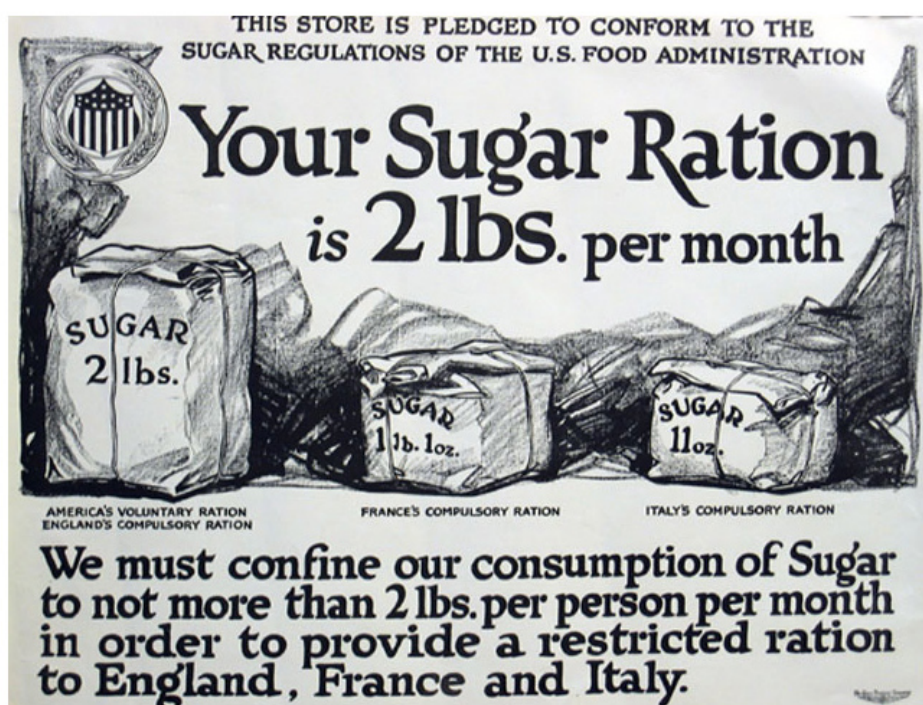
## the Ration

BebasNeue.otf

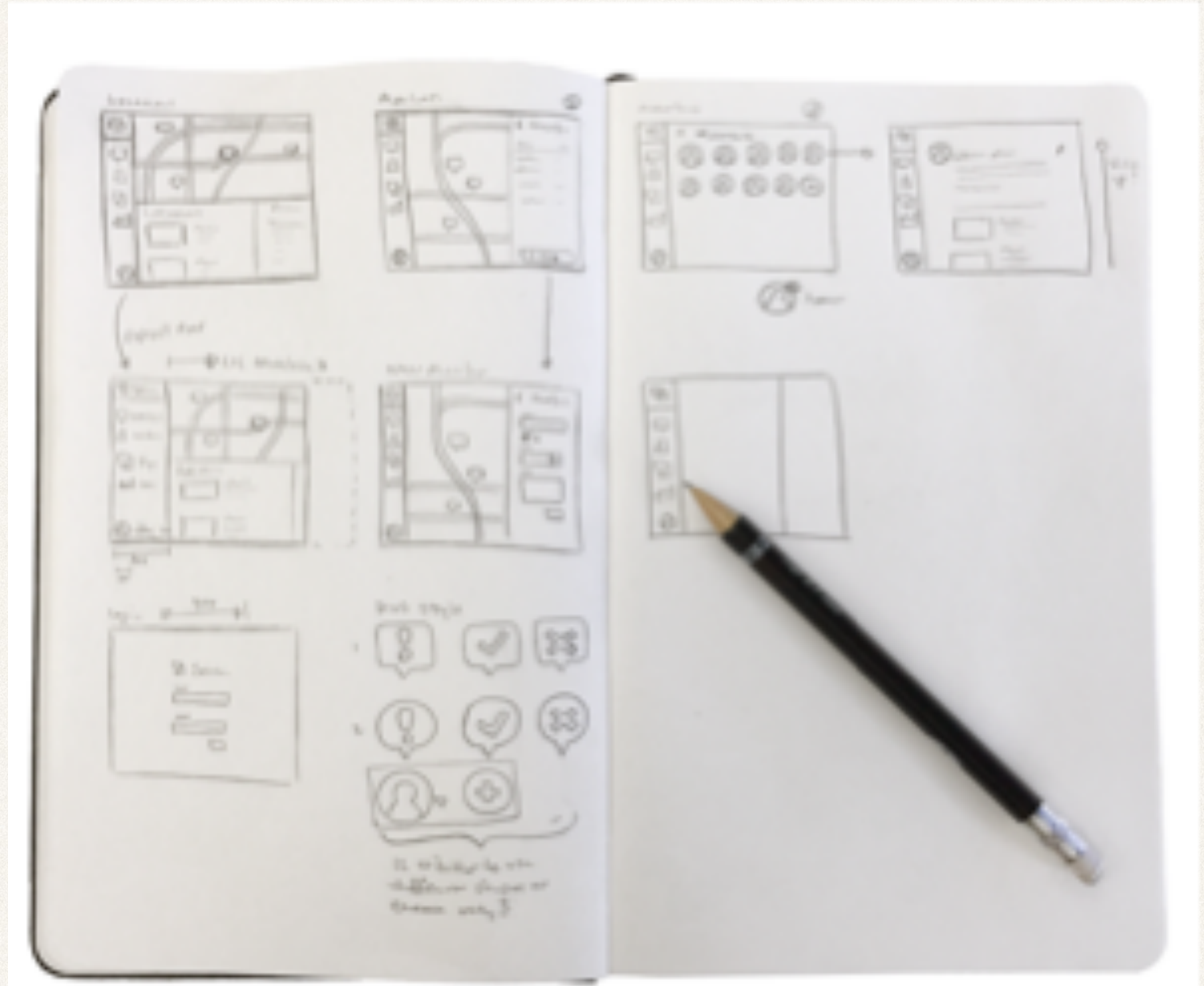
## THE RATION



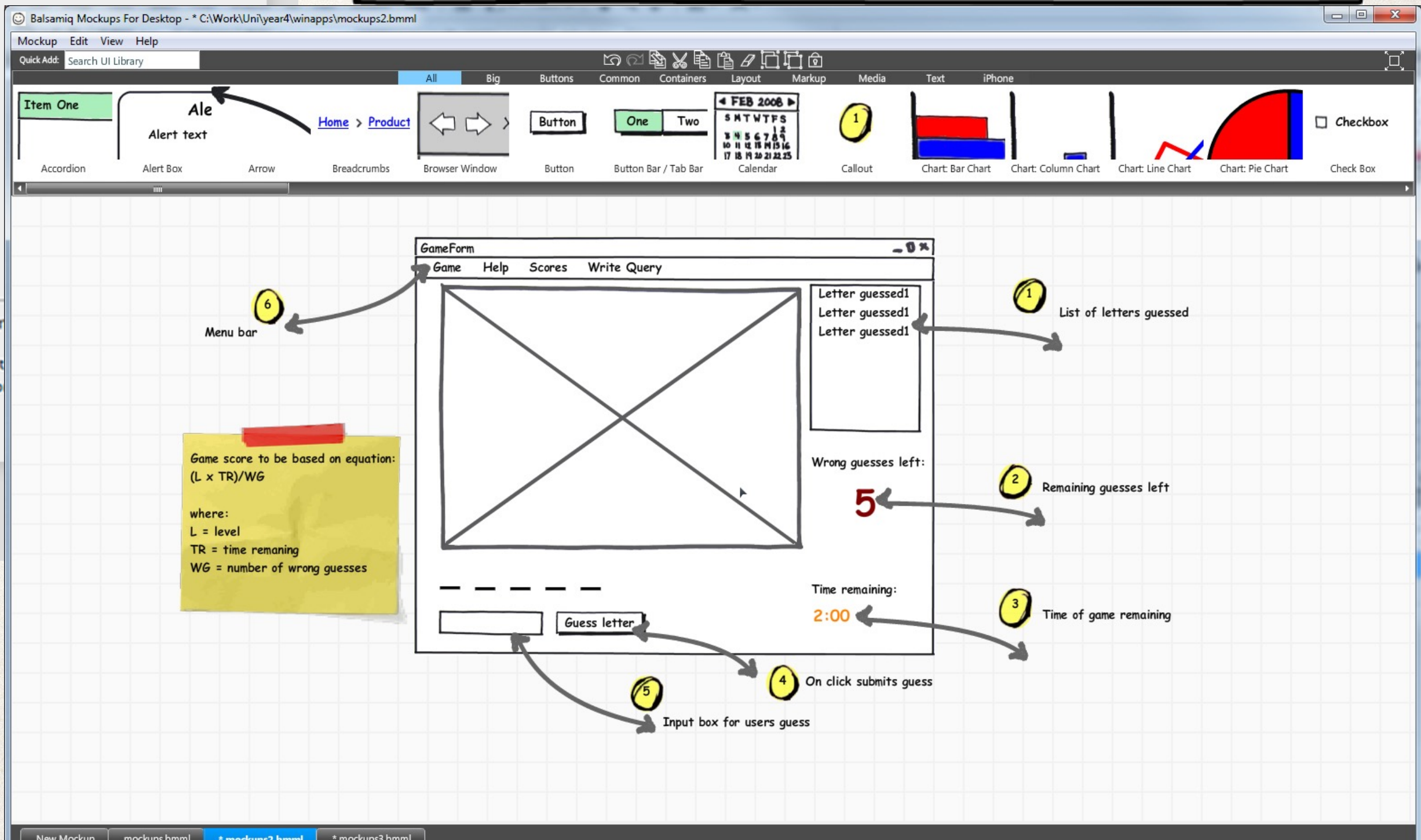
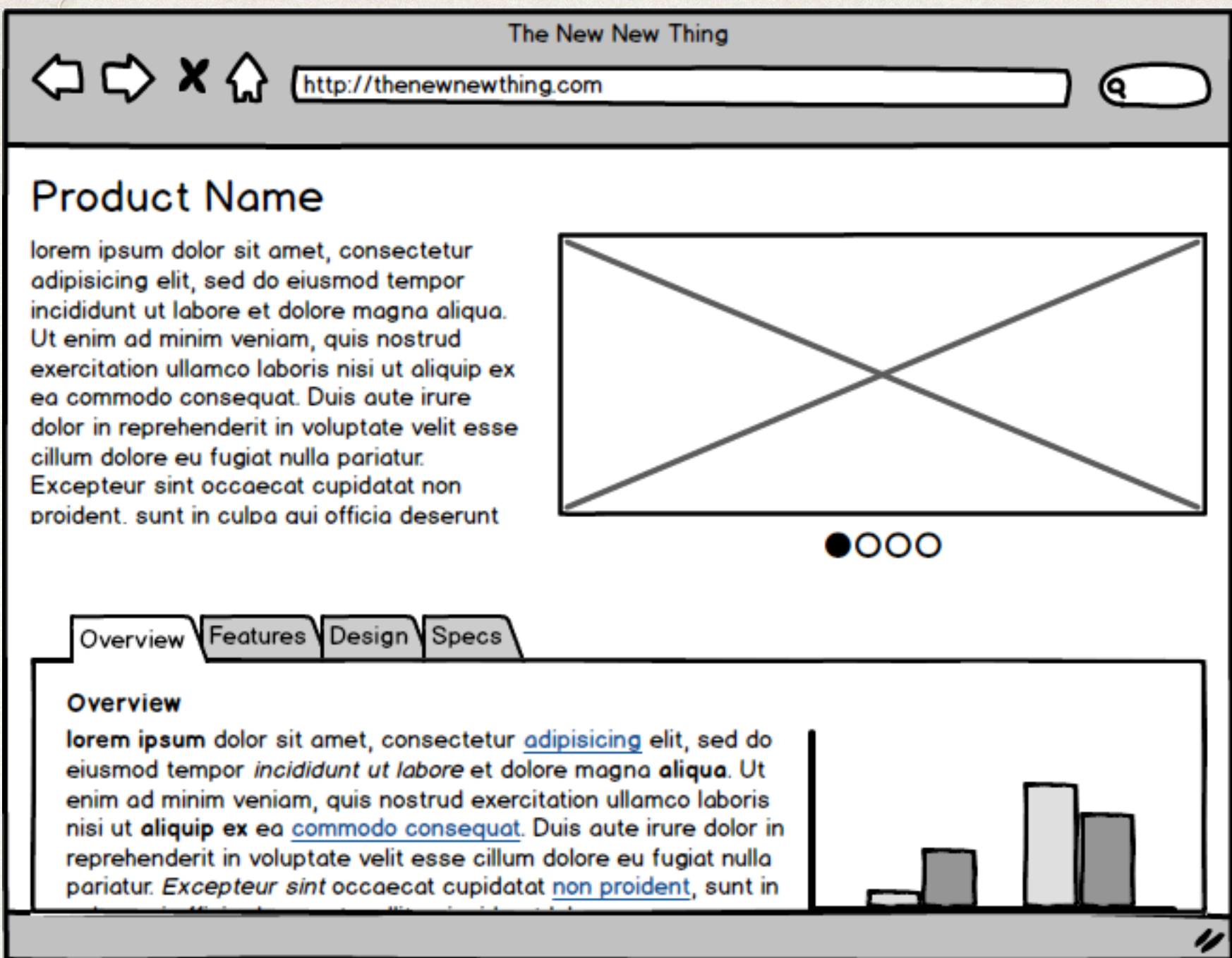
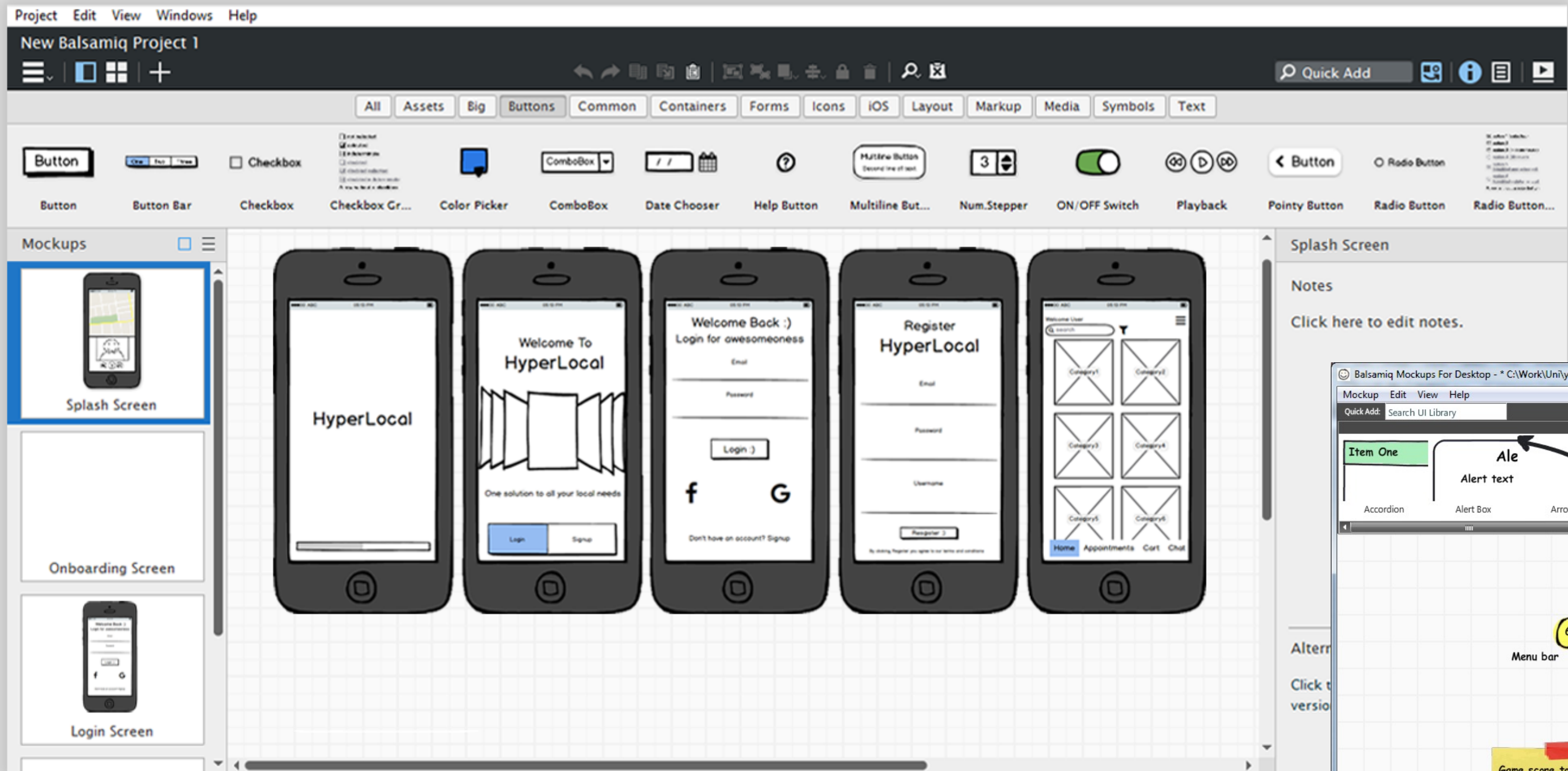














# THE RATION

Stories on FOOD and HEALTH



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SEARCH GO

NUTRITION & OBESITY

FOOD PRODUCTION

THE BUSINESS OF FOOD

PESTICIDES

DOWN ON THE FARM



NUTRITION



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Diaries of a food addict



Eat this:What you  
didn't know you  
were eating



GMOs are everywhere  
but does the american  
public give a damn?



Food Desserts:  
hunger in the time  
of plenty. A country  
that can't feed itself



Eat your superfoods:  
The science of marketing  
the next big thing.  
Sassy berry anyone?



Open Source farming:  
how one man is making  
farming beautiful again  
one photo at a time

"so what if here we had wo pull quotes that were really interesting and were a nother way into thet story. also remind yourself to mention the alamanac"

30% "so what if here we had wo pull quotes that were really interesting and were a nother way into thet story. also remind yourself to mention

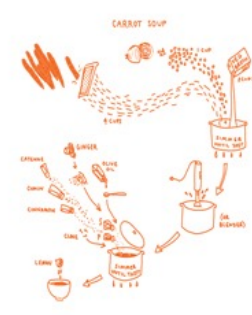
Graphics & Interactives



Food Addicts  
Addiction in the CAKE



Food Addicts  
Addiction in the CAKE



Food Addicts  
Addiction in the CAKE



Food Addicts  
Addiction in the CAKE

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FOOD DESERTS  
SOUNDSCAPES  
WIC  
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FOOD PRODUCTION

THE BUSINESS OF FOOD

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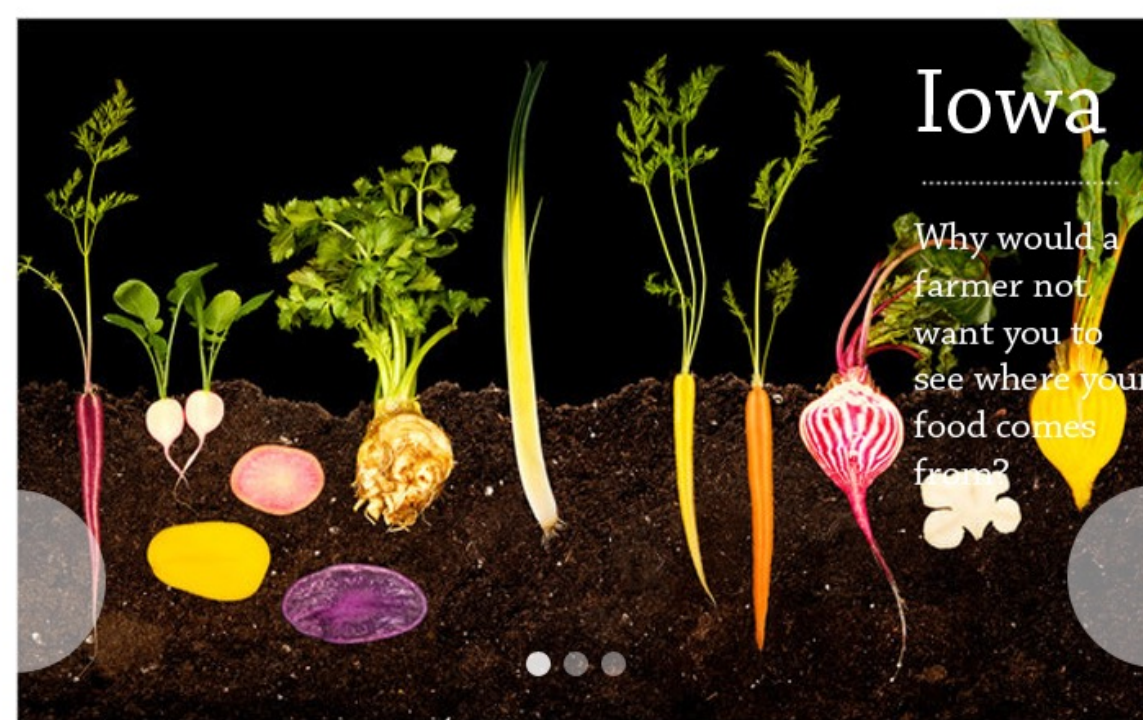
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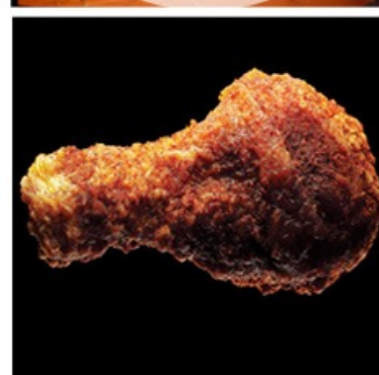
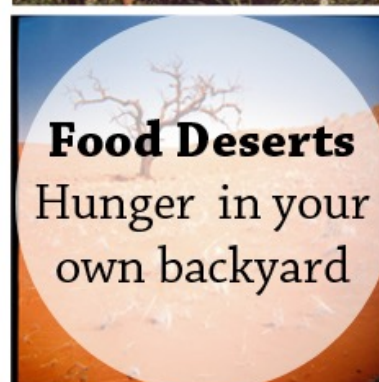
VIDEO UNIT



On the IPAD



Rethink the  
Nutrition Label



"so what if here we had wo pull quotes that were really interesting and were a nother way into thet story. also remind yourself to mention the alamanac"

30% "so what if here we had wo pull quotes that were really interesting and were a nother way into thet story. also remind yourself to mention

the Ration

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SEARCH

GO



all the news that's fit to eat

NUTRITION

WOOD CHIPS DO A BODY  
GOOD?

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DRUGS OVER THE BORDER

THE FOOD BIT  
HOW WE TRICK YOU TO EAT  
WHAT WE WANT YOU TO  
EAT

PESTICIDES

FARMING 2.0

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numbers

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Addiction in the CAKE



How Natural is Natural?  
An Industry grapels with a definition



Food Addicts  
Addiction in the CAKE



How Natural is Natural?  
An Industry grapels with a definition

"Who gets poisoned  
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It's not the guys  
who run insurance  
companies, and it's  
not senators,"

click here --> link to story



Rethink the Nutrition  
Label Project

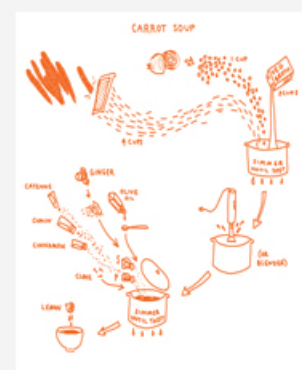
Graphics & Interactives



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Addiction in the CAKE



Food Addicts  
Addiction in the CAKE



Food Addicts  
Addiction in the CAKE



Food Addicts  
Addiction in the CAKE

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